SEW NEWS
The Trusted Sewing Source

SHIFTING SHADES DRESS

BY ERIN WEISBART

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Add some fun to your fall wardrobe with a modern shift dress featuring color-block strips and fun scallop hem. Pair this dress, available in size XS through 3XL, with a cardi and tights for a chic, cool-weather look.

SUPPLIES

- Dress pattern
- 3 yards of linen-blend fabric (A; see "Source.")
- 1 yard each of two coordinating linen-blend fabrics (B and C; see "Source.")
- Fusible interfacing (amount according to interfacing width)
- 14–20"-long invisible zipper
- Matching all-purpose thread

CUT

Print the pattern, and then cut out.

From fabric A, cut two front panels, two backs, two sleeves, one front-neckline facing, two back-neckline facings, one front-hem facing on the fold and one back-hem facing on the fold according to the cutting layout on the pattern download.

Cut one strip panel from fabric B.

Cut one strip panel from fabric C, making sure to flip the pattern piece wrong side up before cutting.

From the interfacing, cut one front-neckline facing and two back-neckline facings.

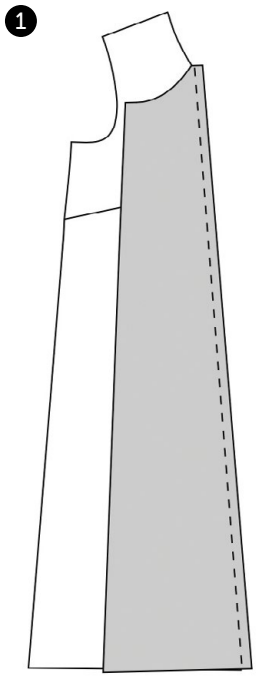
Transfer all pattern markings.

CONSTRUCT

Use ⅝" seam allowances unless otherwise noted.

Stitch the dart in each front panel with right sides together. Press the darts toward the front-panel lower edge.

Pin one strip-panel long edge to the corresponding front-panel long edge with right sides together; stitch **(1)**. Press the seam allowance open.



Repeat to stitch the remaining strip panel to the remaining front panel.

Pin the strip panels along the center-front edge with right sides together; stitch. Press the seam allowance open.

Install the invisible zipper into the dress center-back seam, following the manufacturer's instructions and aligning the upper zipper stop with the neckline seamline.

Stitch the center-back seam with right sides together, beginning at the zipper lower edge and ending at the dress lower edge. Press the seam allowance open.

Pin the dress front and back along the side seams and shoulders with right sides together; stitch **(2)**. Press each seam allowance open.

Pin the front and back neckline facings along the shoulder seams with right sides together; stitch. Press each seam allowance open.

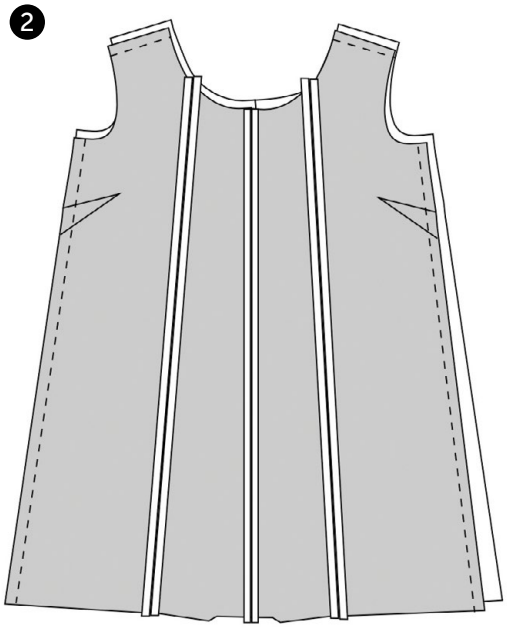
Repeat to stitch the neckline-facing interfacing pieces, making sure to only finger-press the seam allowances open.

Pin the facing and interfacing along the lower edges with right sides together and aligning the seamlines; stitch using a ¼" seam allowance **(3)**.

Clip into the seam allowance, up to, but not through, the stitching line. Finger-press the facing and interfacing with wrong sides together; fuse according to the manufacturer's instructions.

Open the zipper. Pin the facing and dress along the neckline edge with right sides together, aligning the seamlines and wrapping the facing center-back edges toward the dress

2



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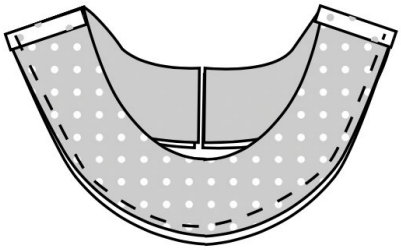

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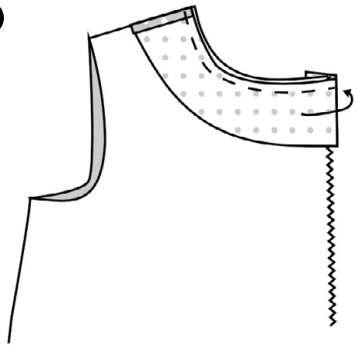
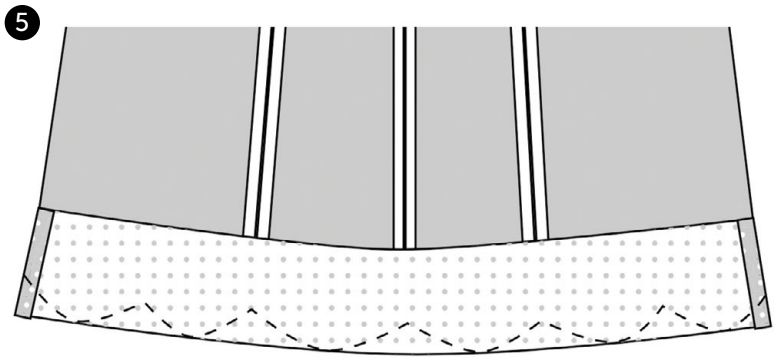


wrong side at each center-back edge; stitch **(4)**.

Clip into the seam allowance, up to, but not through, the stitching line. Press the seam allowance toward the facing; understitch.

Press the facing toward the dress with wrong sides together. Hand tack the facing lower edge to the seam allowance at each shoulder seam.

Pin the front and back hem facings along the short ends with right sides together; stitch. Press each seam allowance open.



Repeat to stitch the hem facing interfacing pieces, making sure to only finger-press the seam allowances open.

Pin the facing and interfacing along the upper edge with right sides together and aligning the seamlines; stitch using a ¼" seam allowance. Finger-press the facing and interfacing with wrong sides together; fuse.

Pin the facing and dress along the lower edge with right sides together. Stitch along the scallop stitching line **(5)**.

Trim the seam allowance to ¼" and clip into the seam allowance, up to, but not through, the stitching line.

Fold the facing and dress with wrong sides together; press flat. Stitch in the ditch along each dress vertical seamline to secure the facing.

Pin one sleeve underarm seam with right sides together; stitch. Press the seam allowance open.

Repeat to stitch the remaining sleeve.

Pin one sleeve to the corresponding armscye with right sides together and aligning the seamlines and notches; stitch. Press the seam allowance toward the dress.

Repeat to attach the remaining sleeve to the remaining armscye.

Fold one sleeve lower edge ¼" toward the wrong side; press. Fold again 1" toward the side; press. Topstitch the sleeve ⅞" from the lower edge.

Repeat to hem the remaining sleeve.

SOURCE

Robert Kaufman provided the Essex Yarn Dye linen blend fabrics: www.robertkaufman.com.

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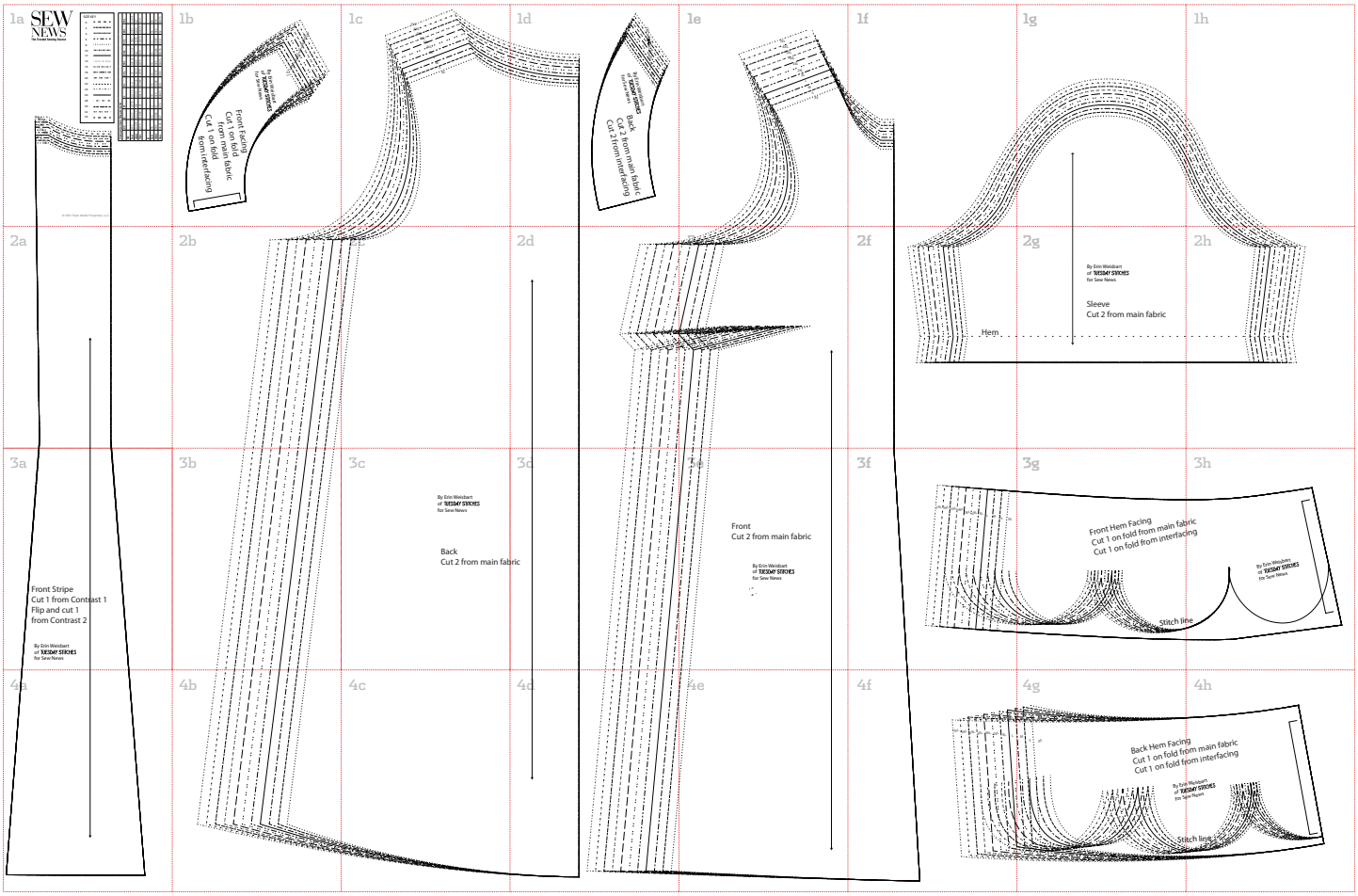

Template overview

1" Test Square

32 pages: 1a–1h; 2a–2h;
3a–3h; 4a–4h

Print this page first at 100%,
then measure the 1" test square
before printing full pattern.

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1a

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SIZE KEY

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2
4
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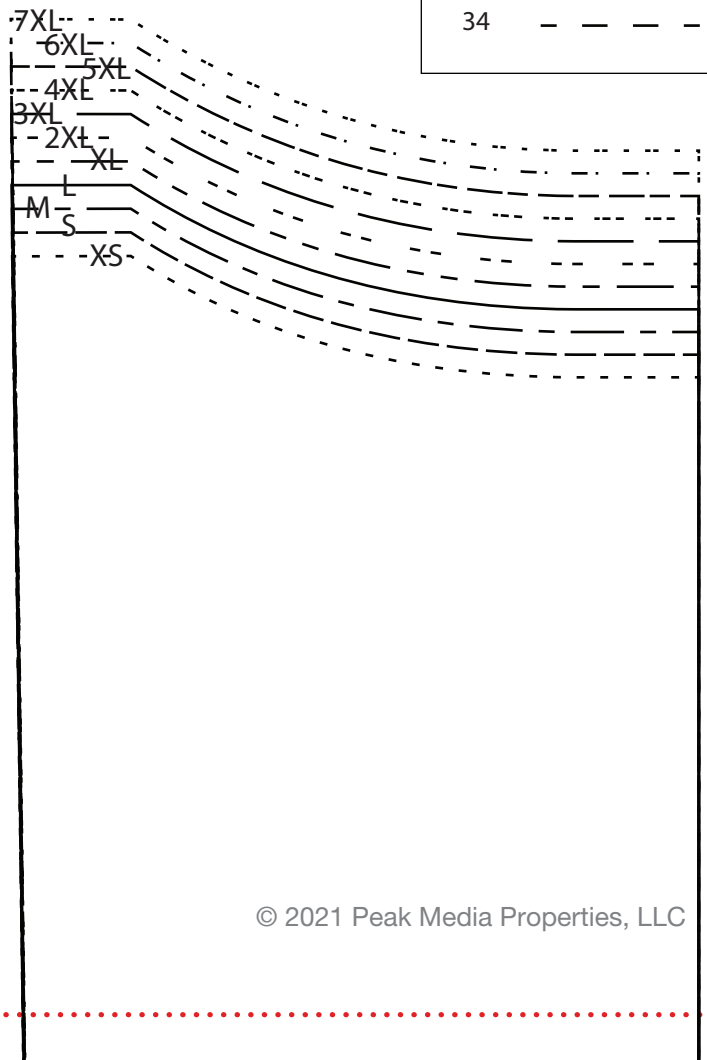

Finished Garment Measurements

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
CM											
Bust	97.5	102.5	107.75	112.75	118	123	128.25	133.25	138.5	143.5	148.75
Waist	100.75	102.25	104	105.5	107.25	108.75	110.5	112	113.75	115.5	117
Hips	117.5	119.25	121	122.5	124.25	125.75	127.5	129	130.75	132.25	134
IN											
Bust	38	40	42	44	46	48	50	52	54	56	58
Waist	39.5	40.25	41	41.5	42.25	42.75	43.5	44.25	44.75	45.5	46
Hips	46.25	47	47.5	48.25	49	49.5	50.25	50.75	51.5	52	52.75

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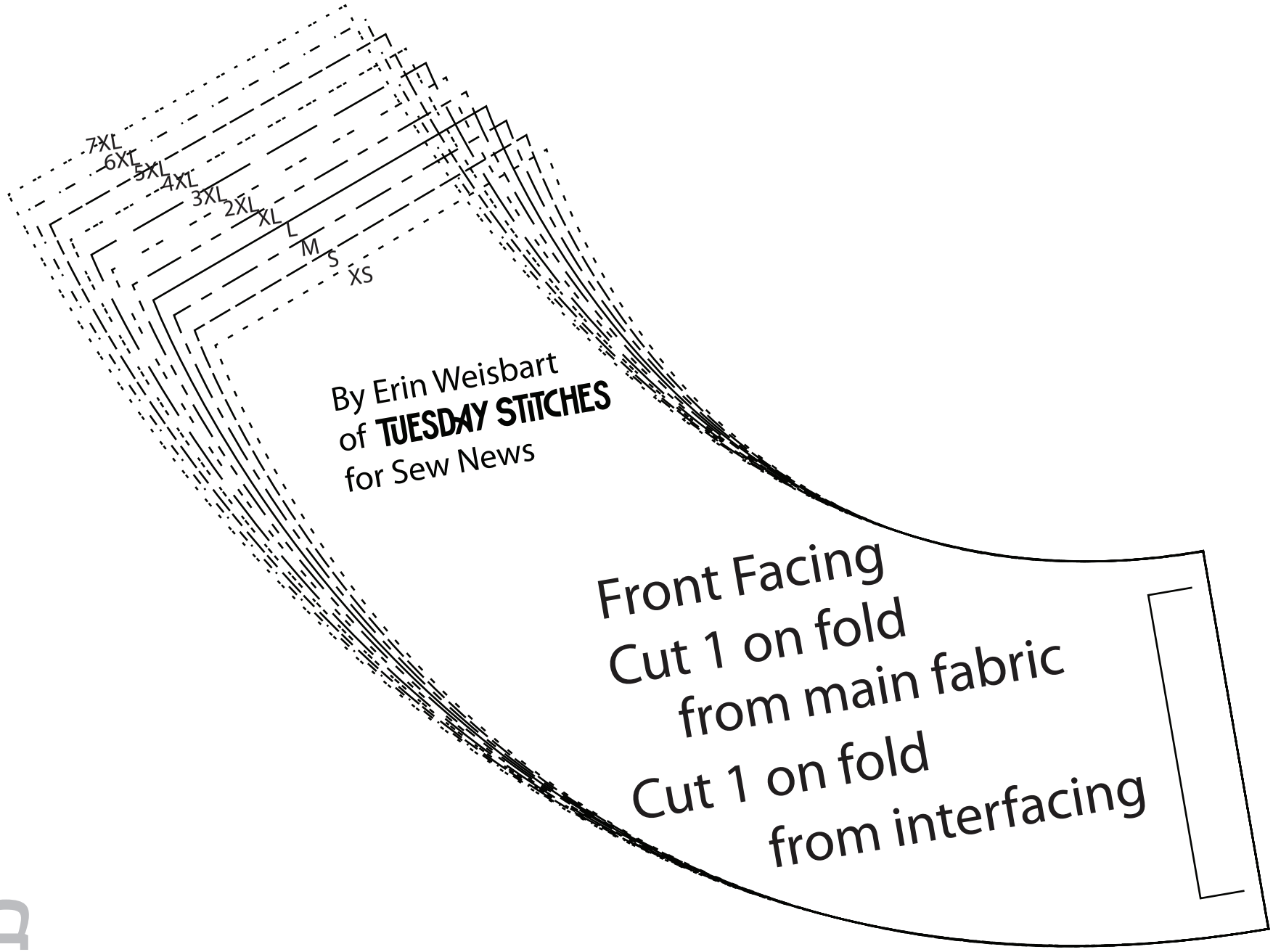
7XL
6XL
5XL
4XL
3XL
2XL
XL
L
M
S
XS
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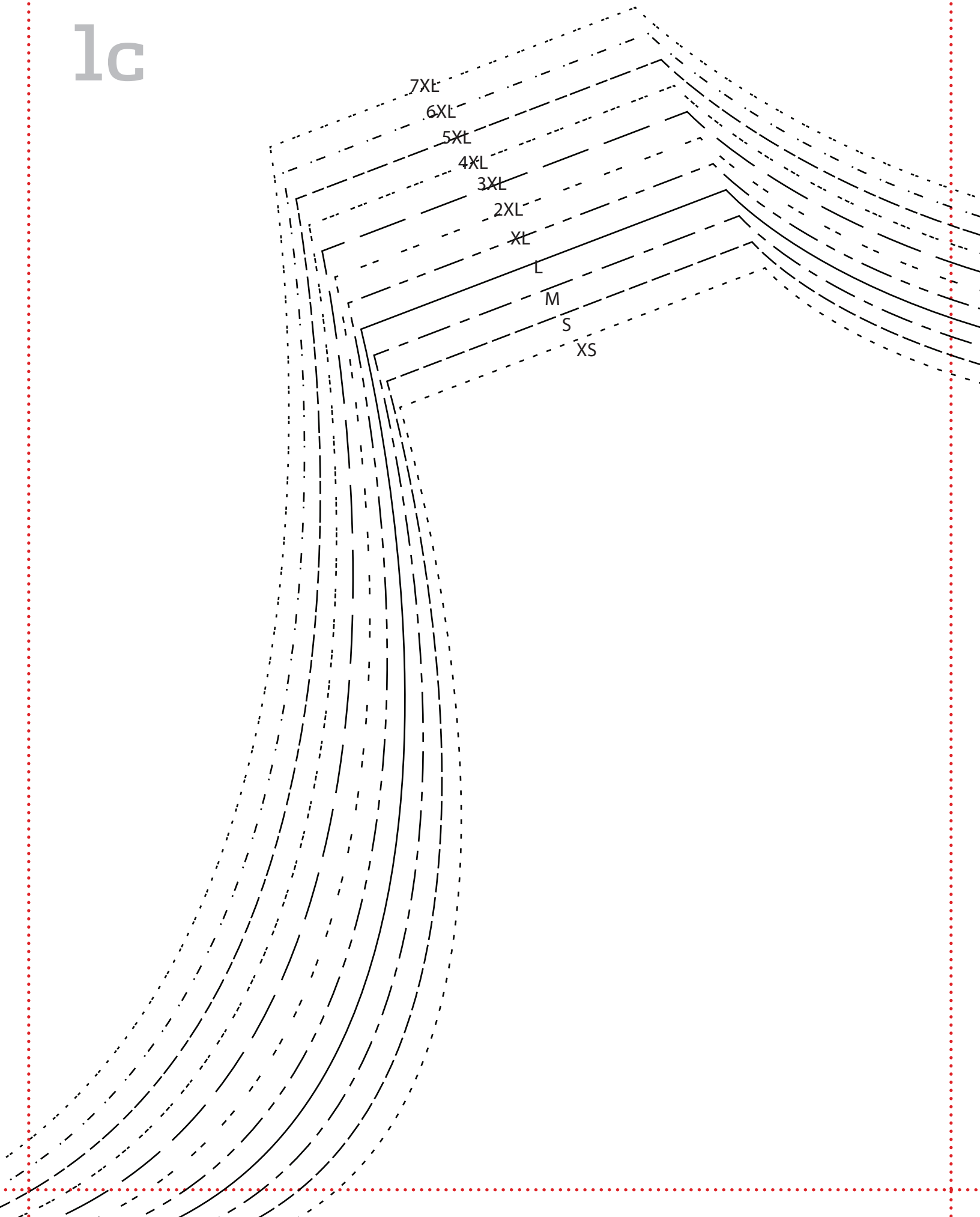
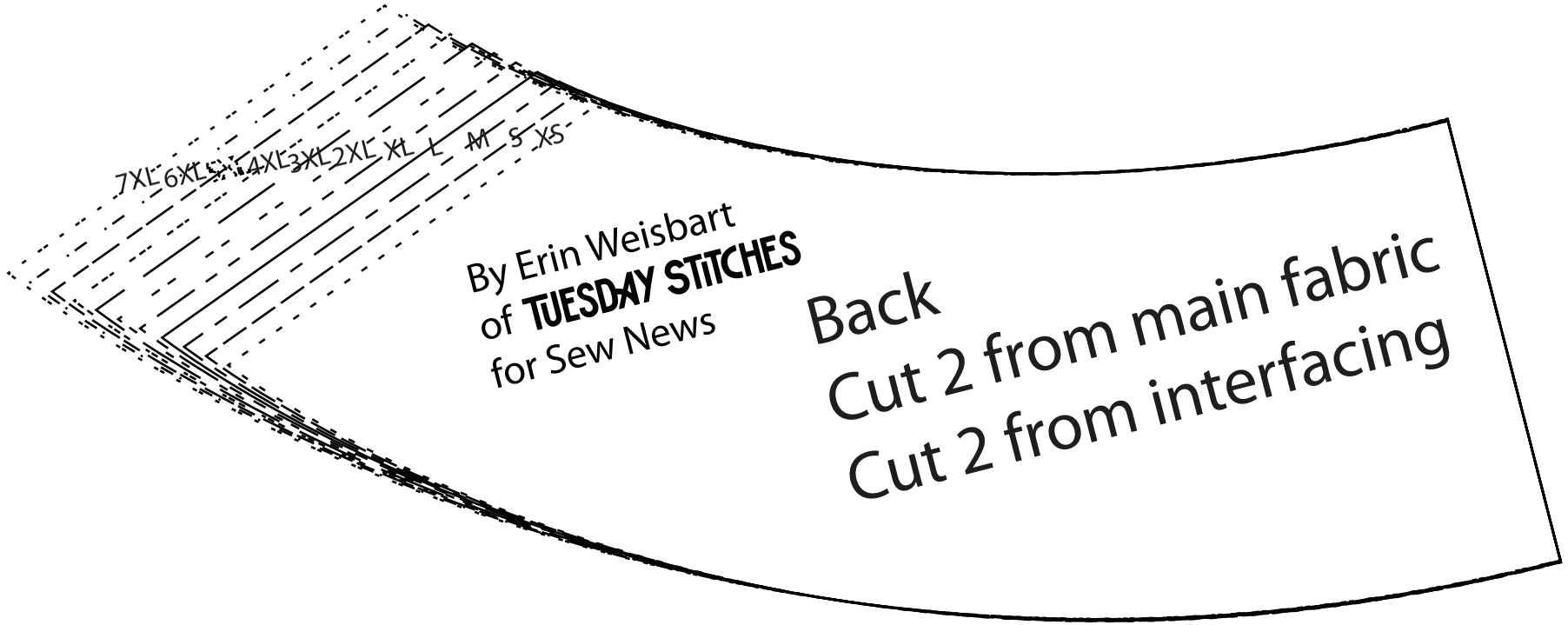
for Sew News
Front Facing
Cut 1 on fold
from main fabric
Cut 1 on fold
from interfacing

1b

lc




7XL 6XL 5XL 4XL 3XL 2XL XL L M S XS
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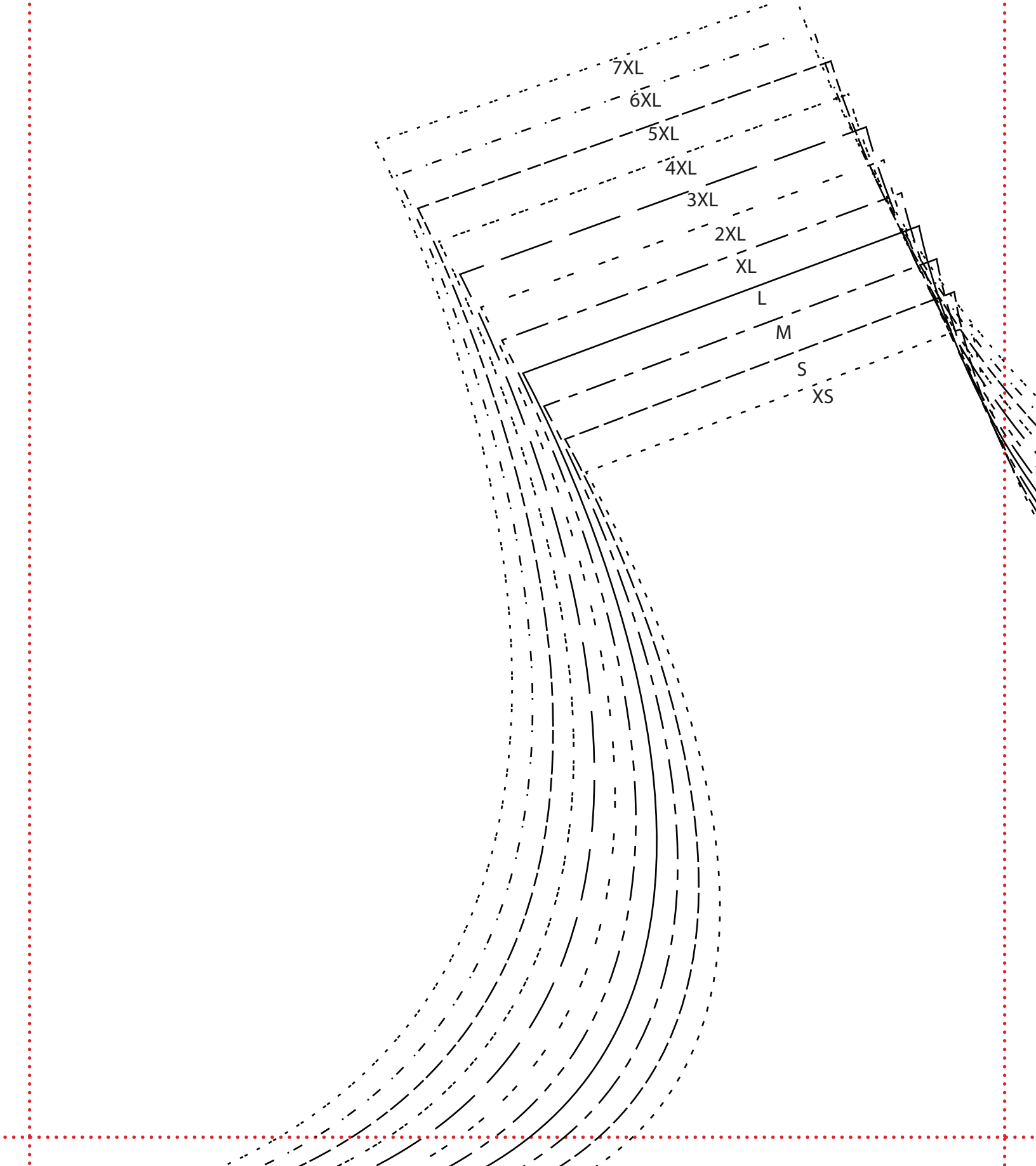
Back
Cut 2 from main fabric
Cut 2 from interfacing

le



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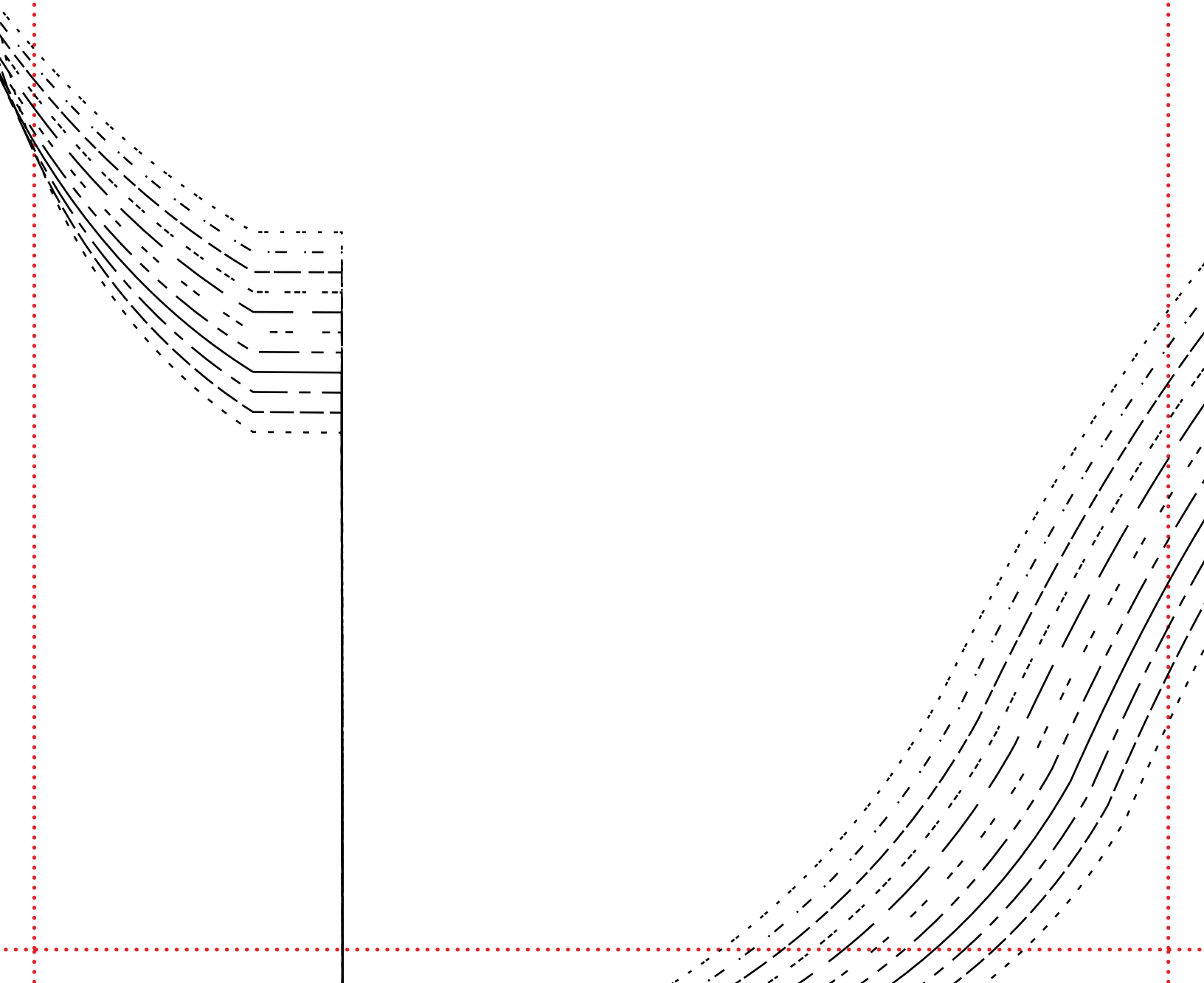
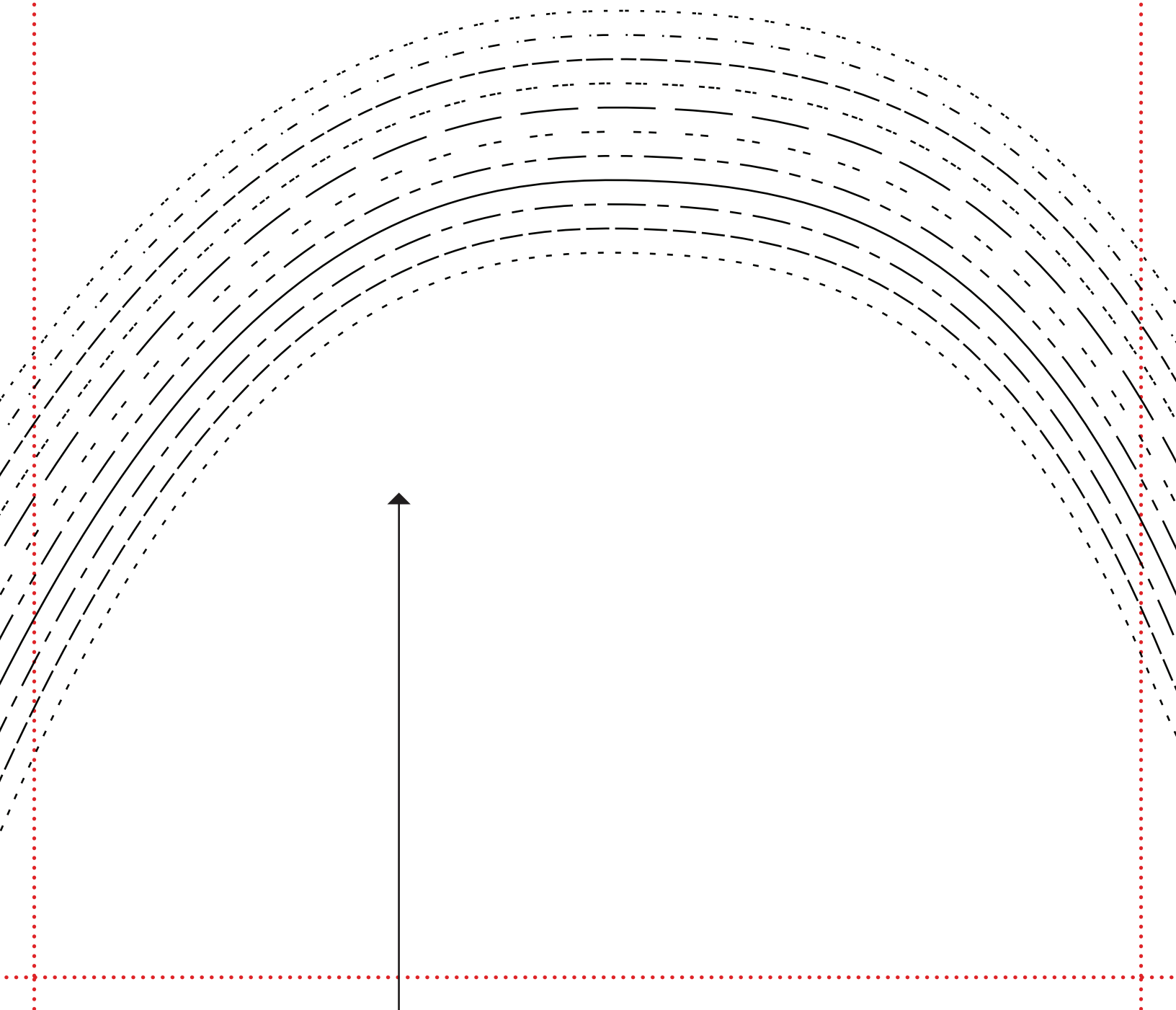


lg



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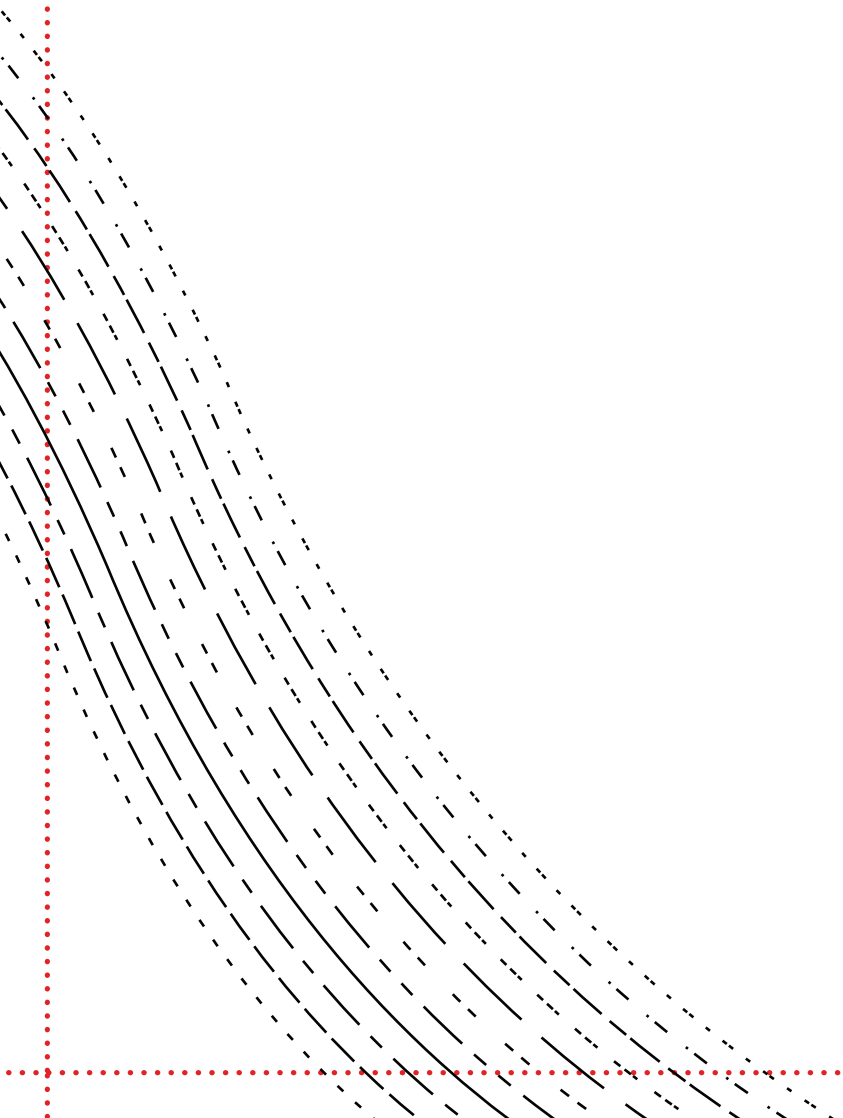

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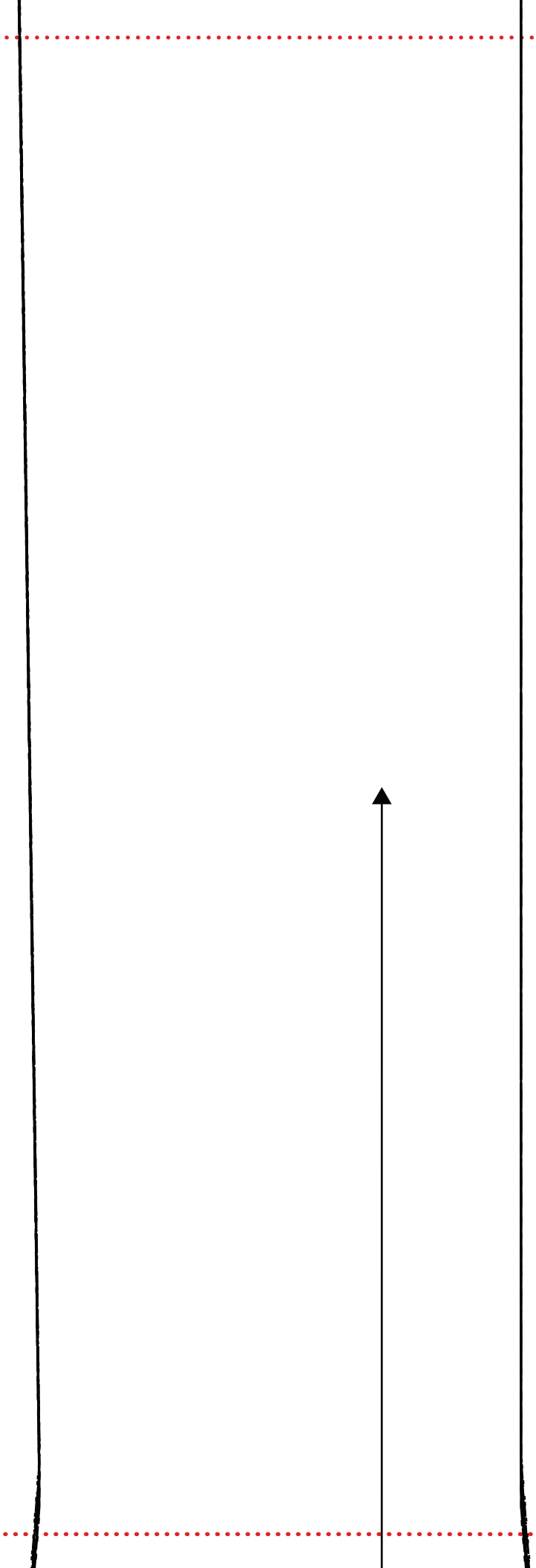

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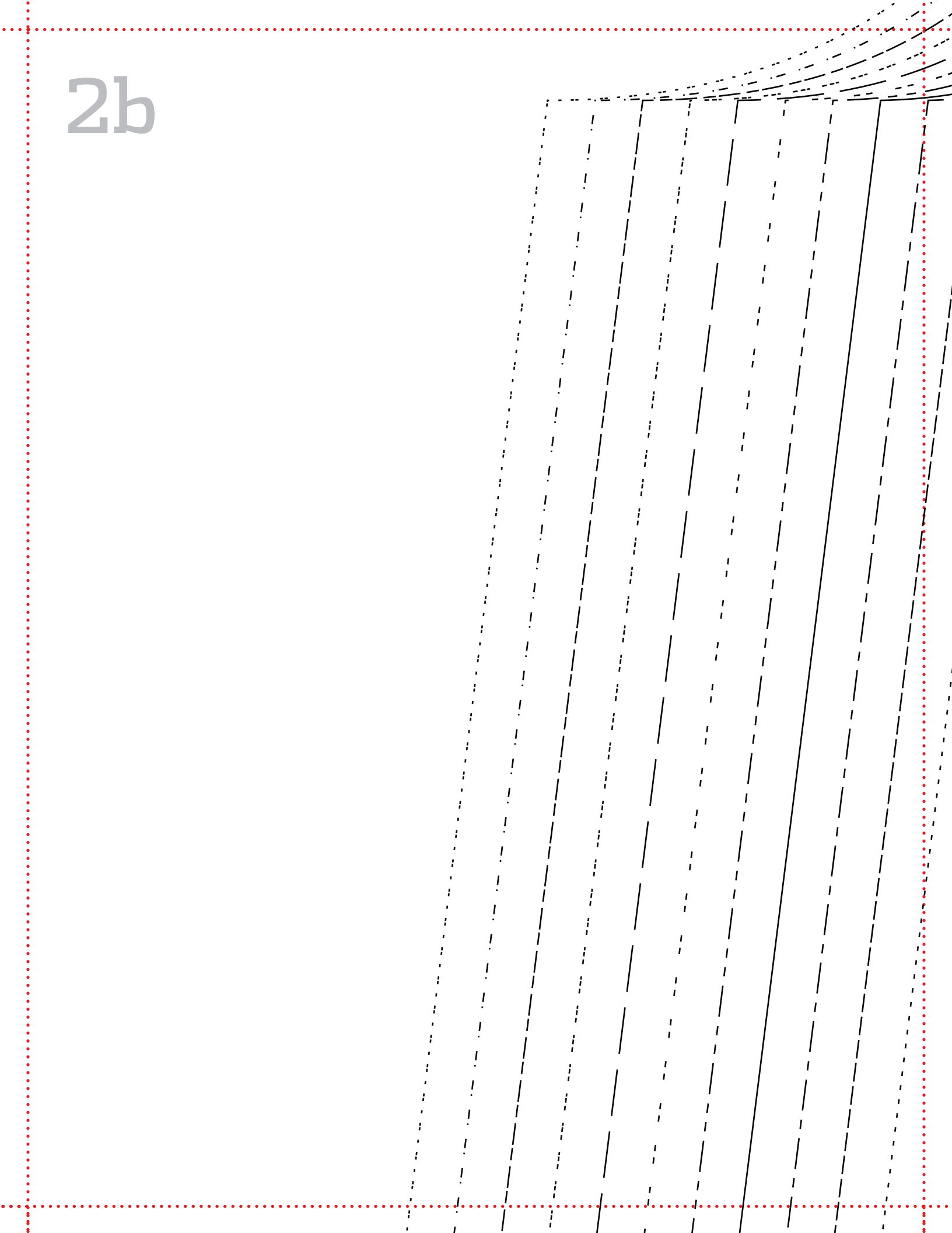

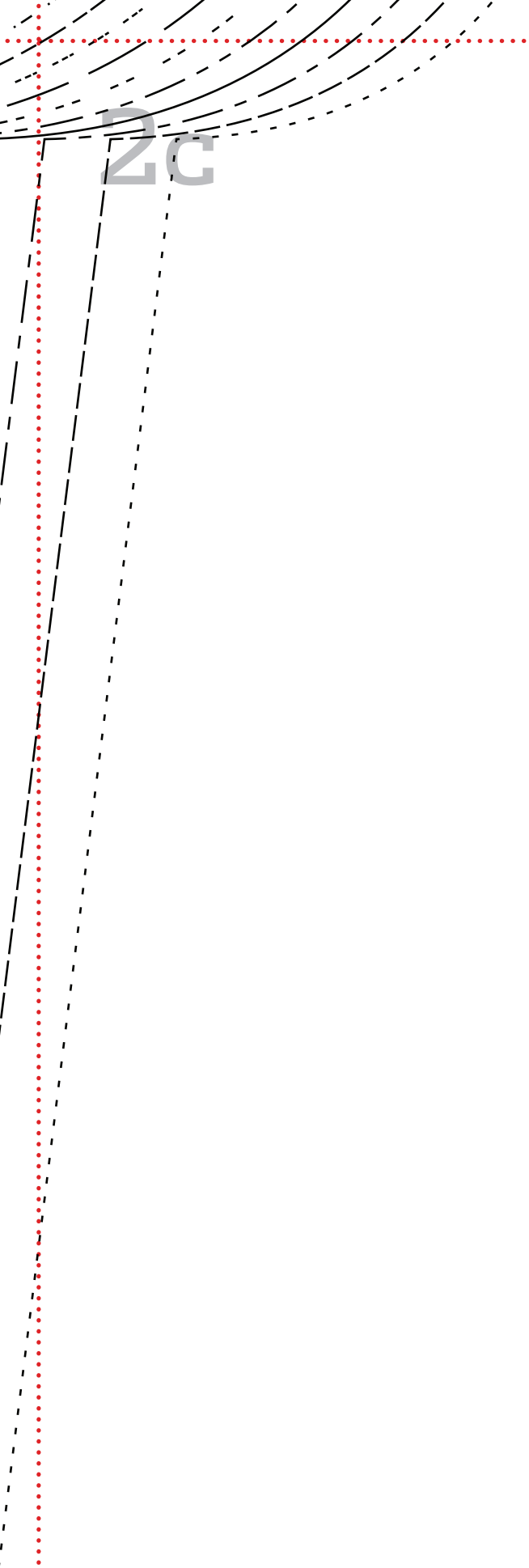
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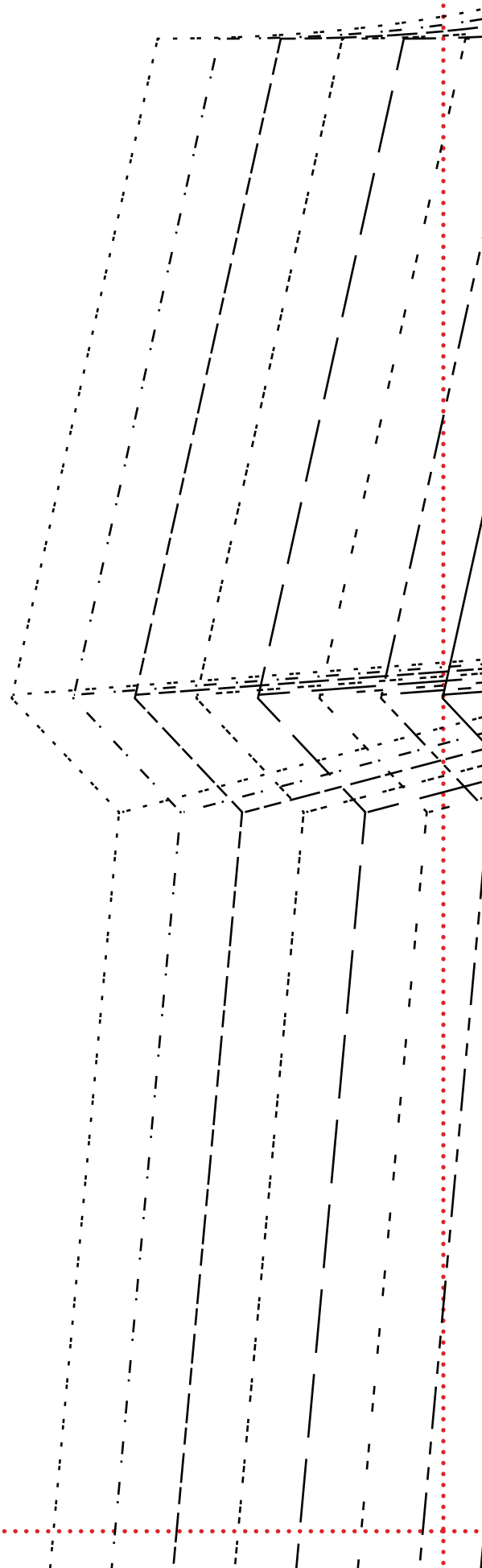

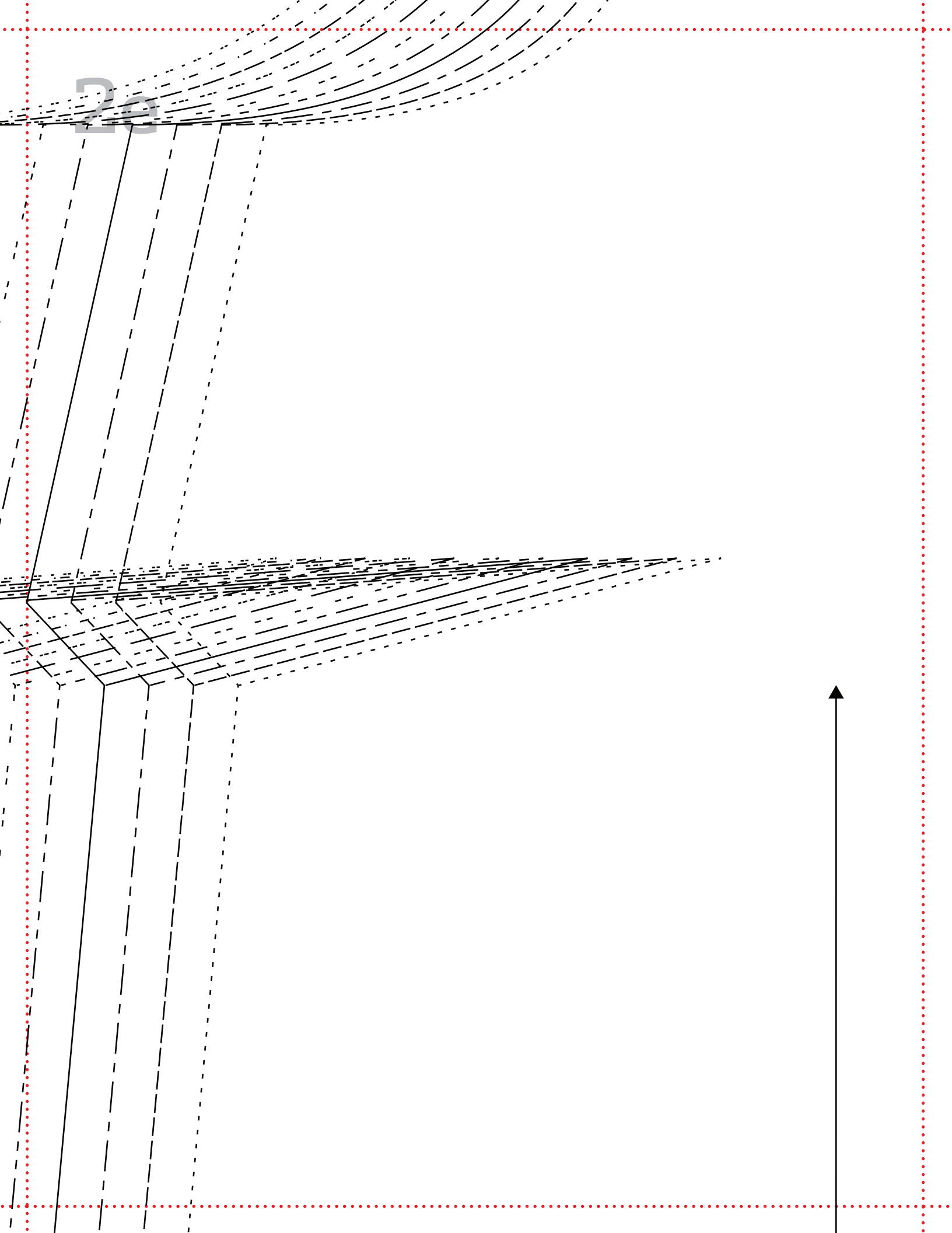

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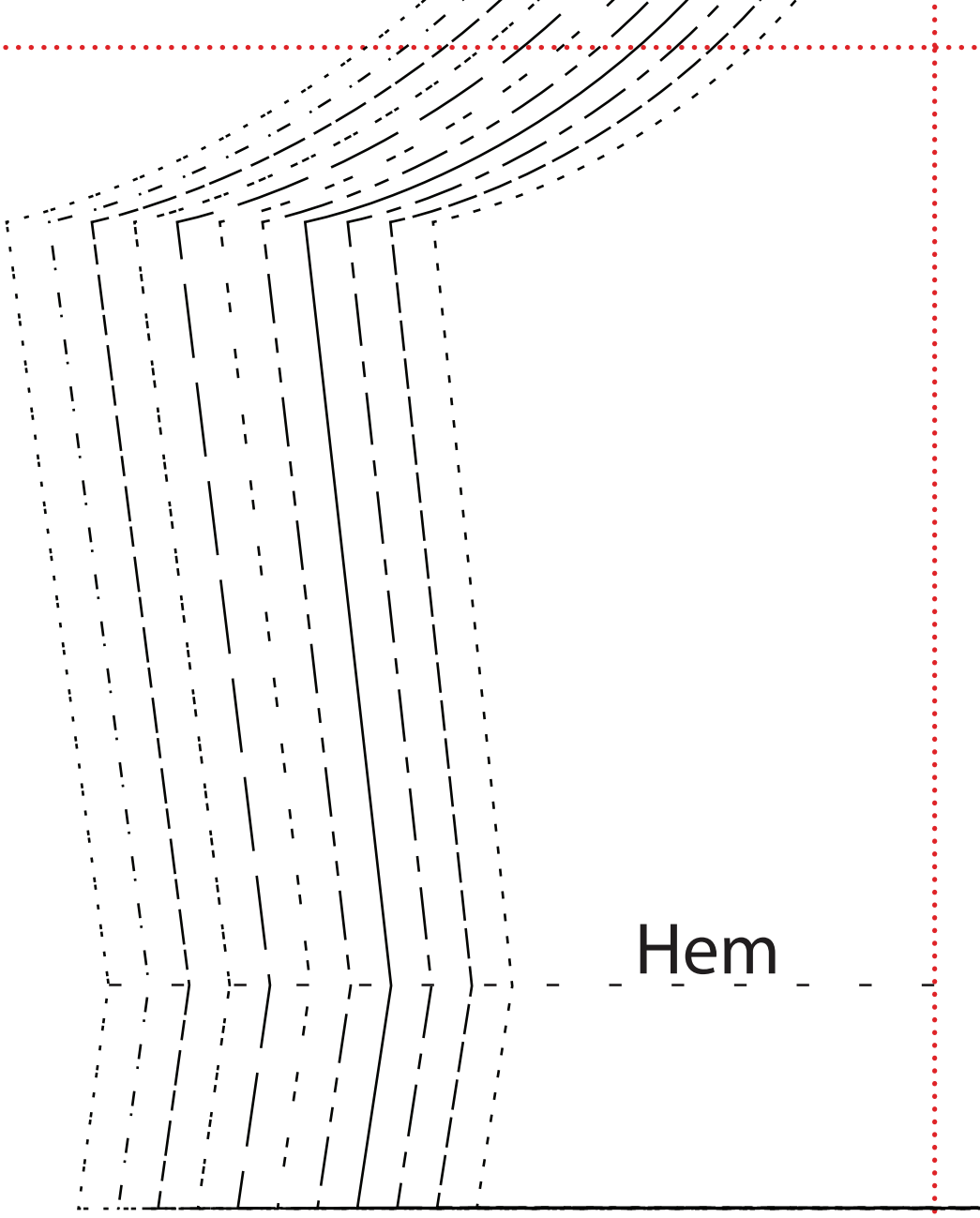

2g

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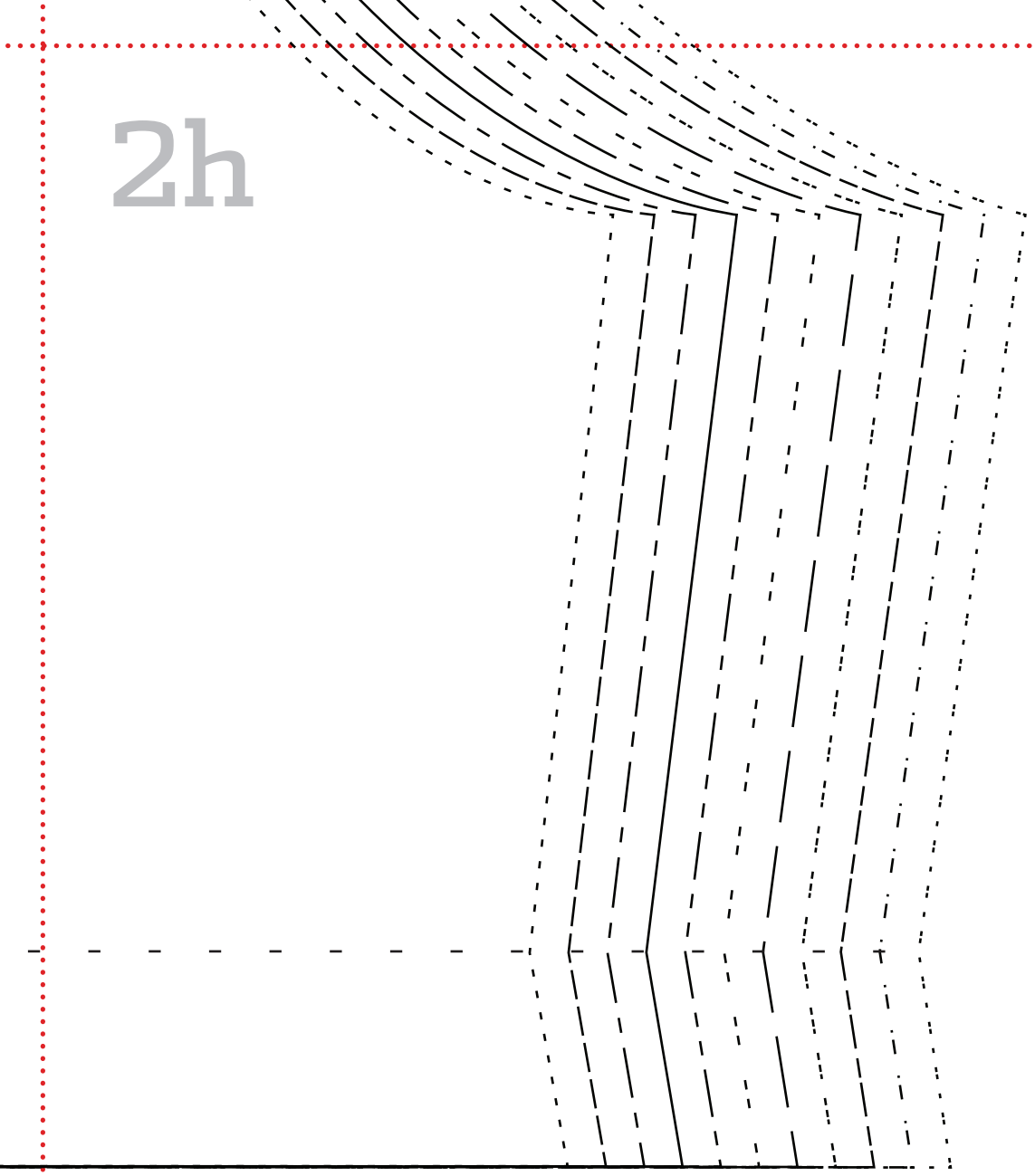
Sleeve
Cut 2 from main fabric

2h



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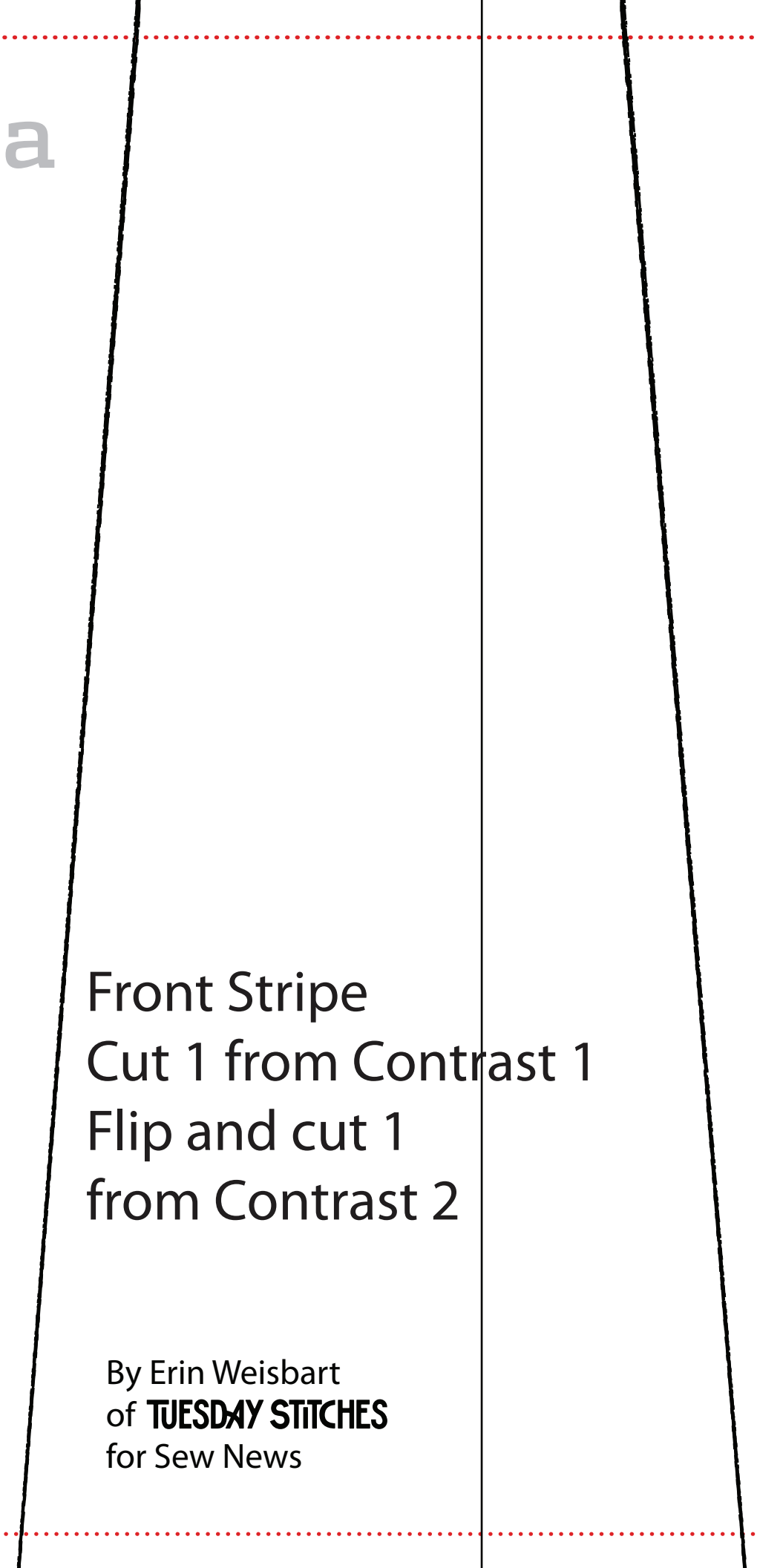

Front Stripe
Cut 1 from Contrast 1
Flip and cut 1
from Contrast 2

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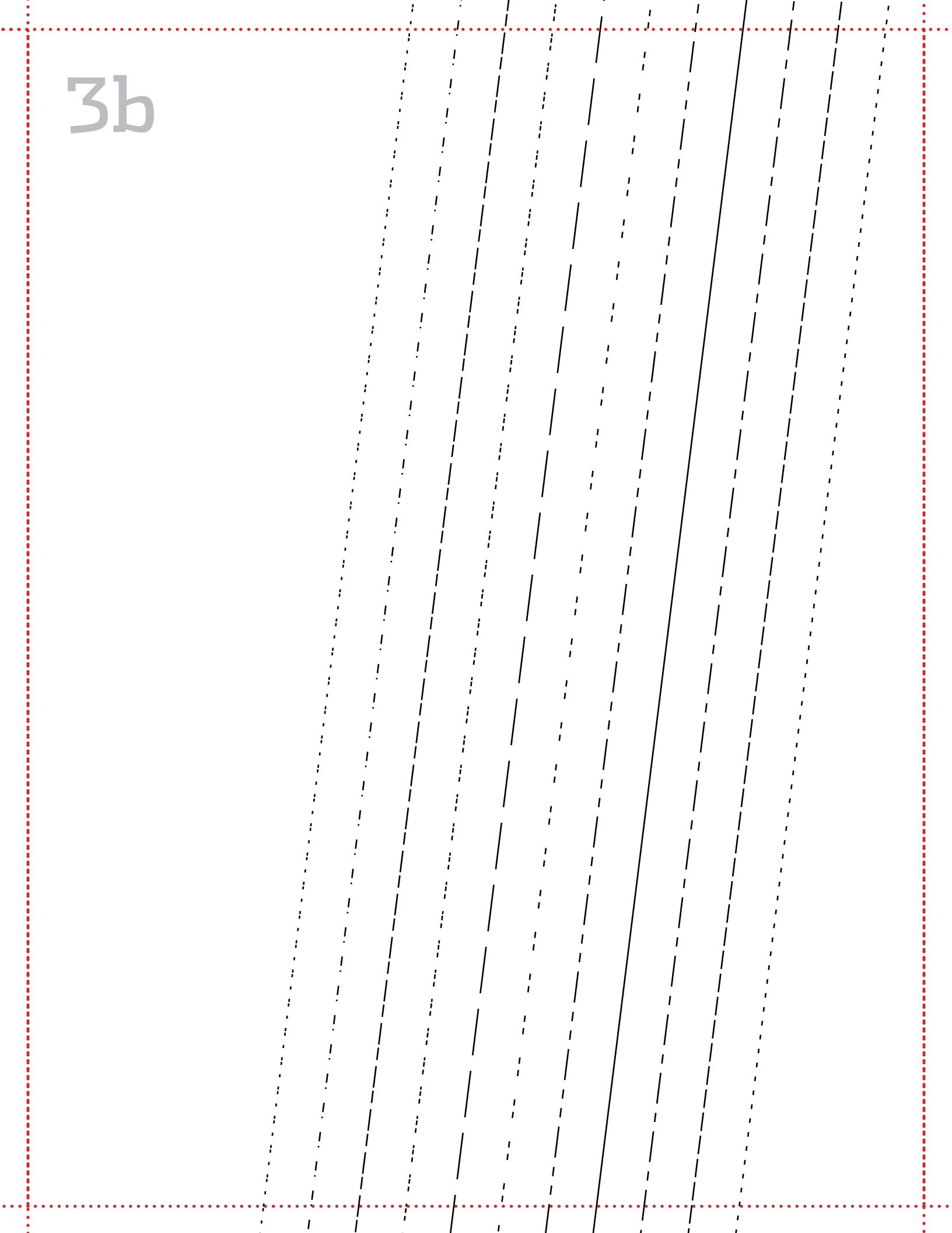
3b



3c

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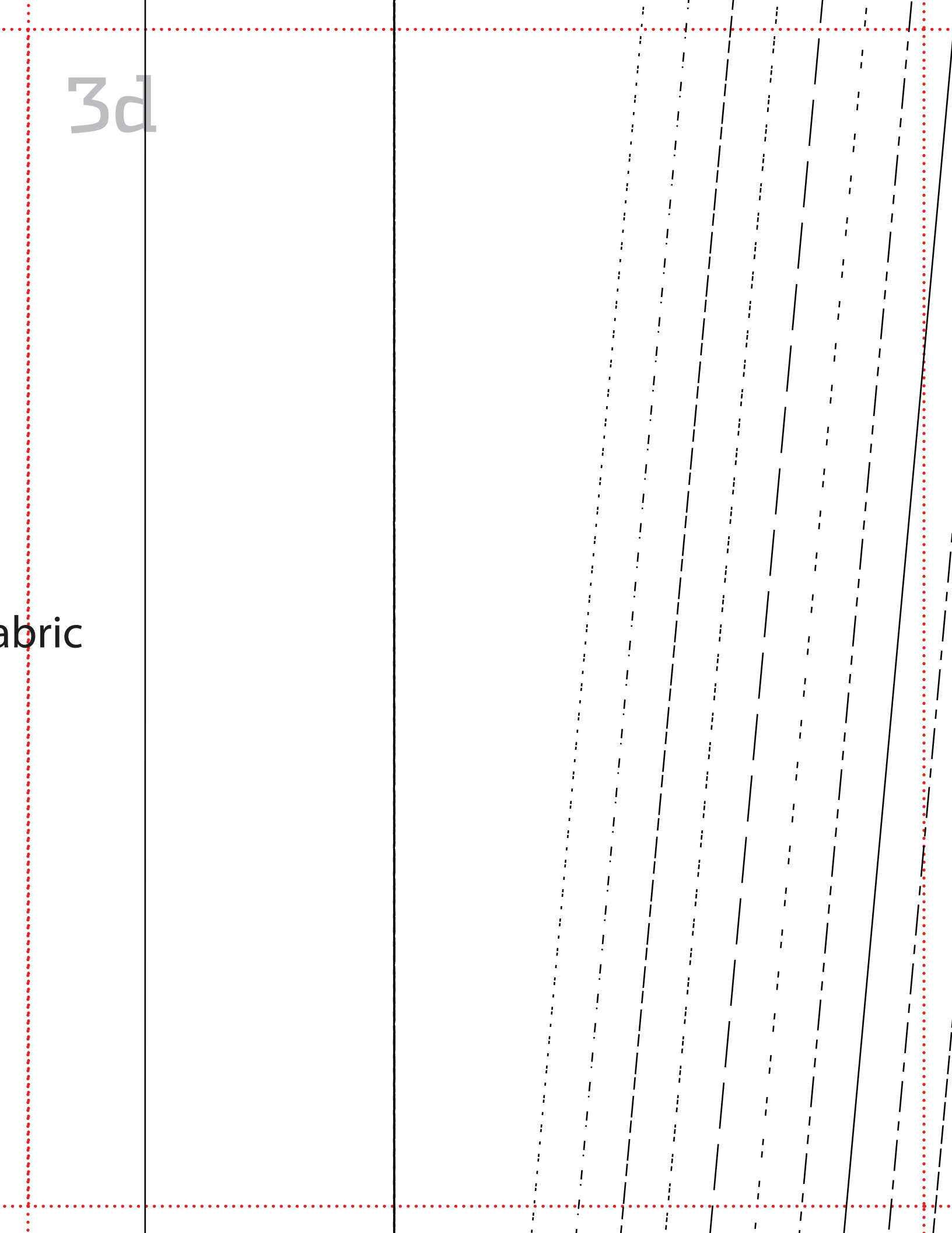
Back
Cut 2 from main fabri

3d

abric



3e

Front
Cut 2 from main fabric

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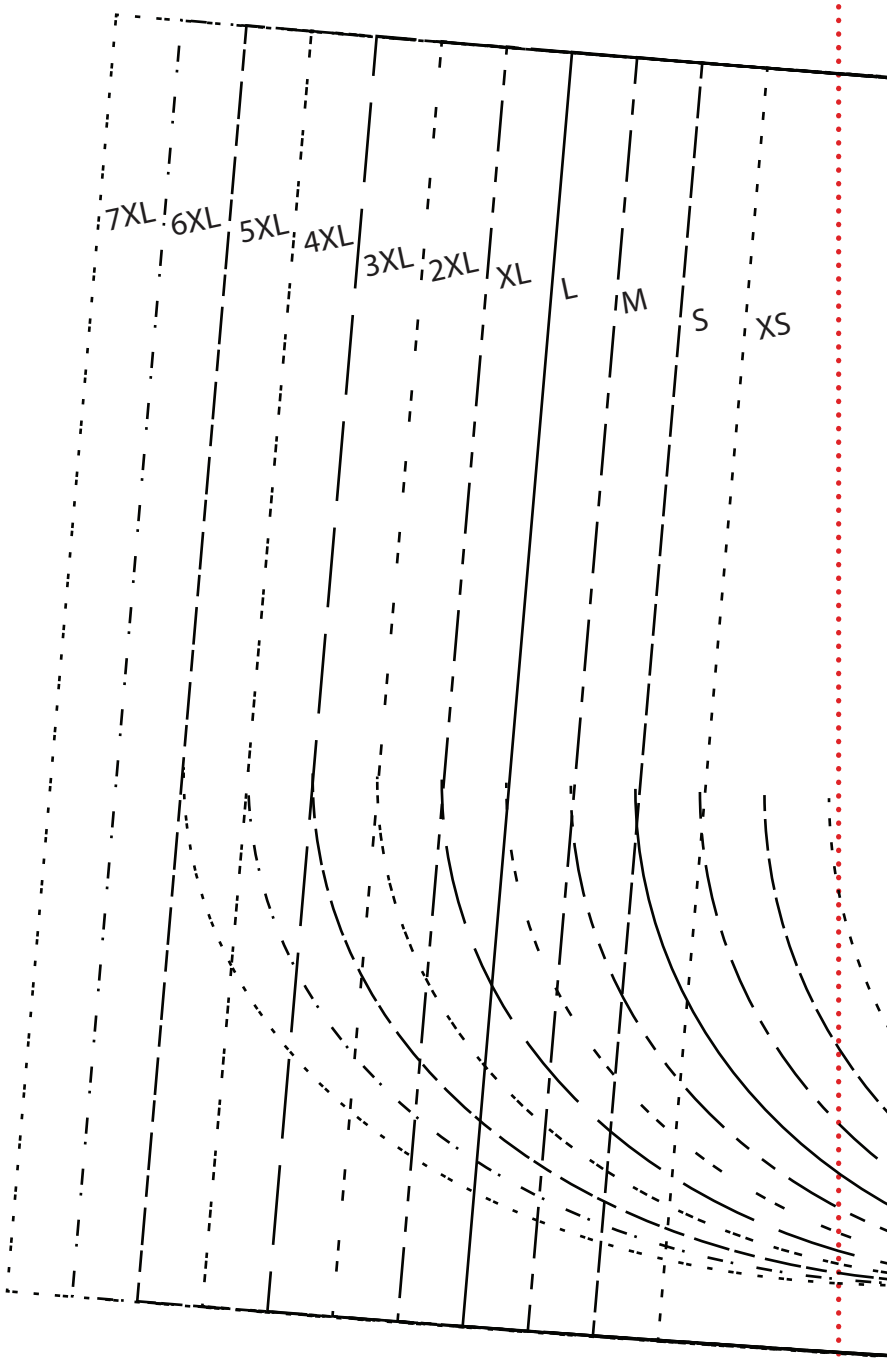
3f



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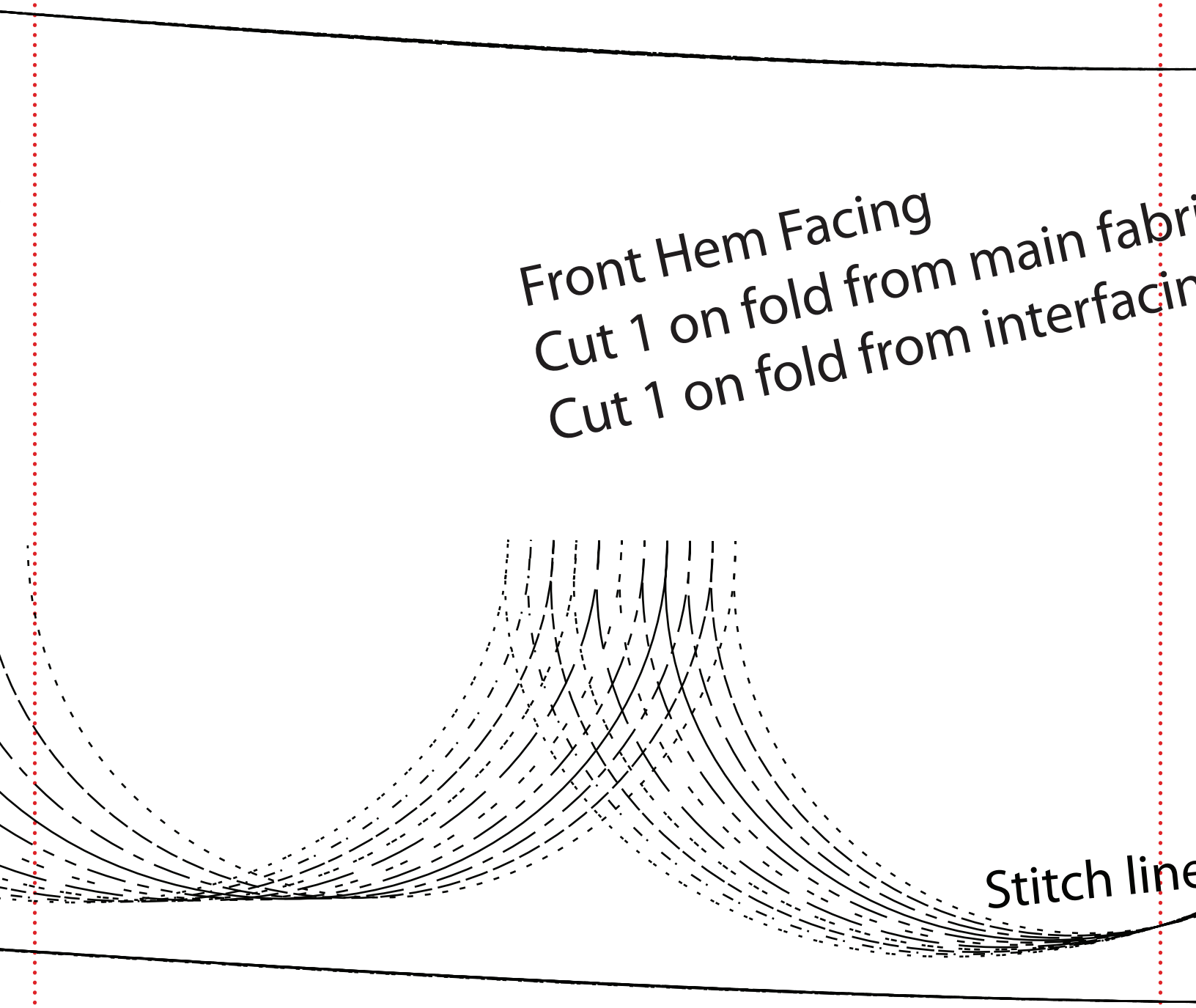
Front Hem Facing
Cut 1 on fold from main fabri
Cut 1 on fold from interfacin
Stitch line

3h

abric
acing

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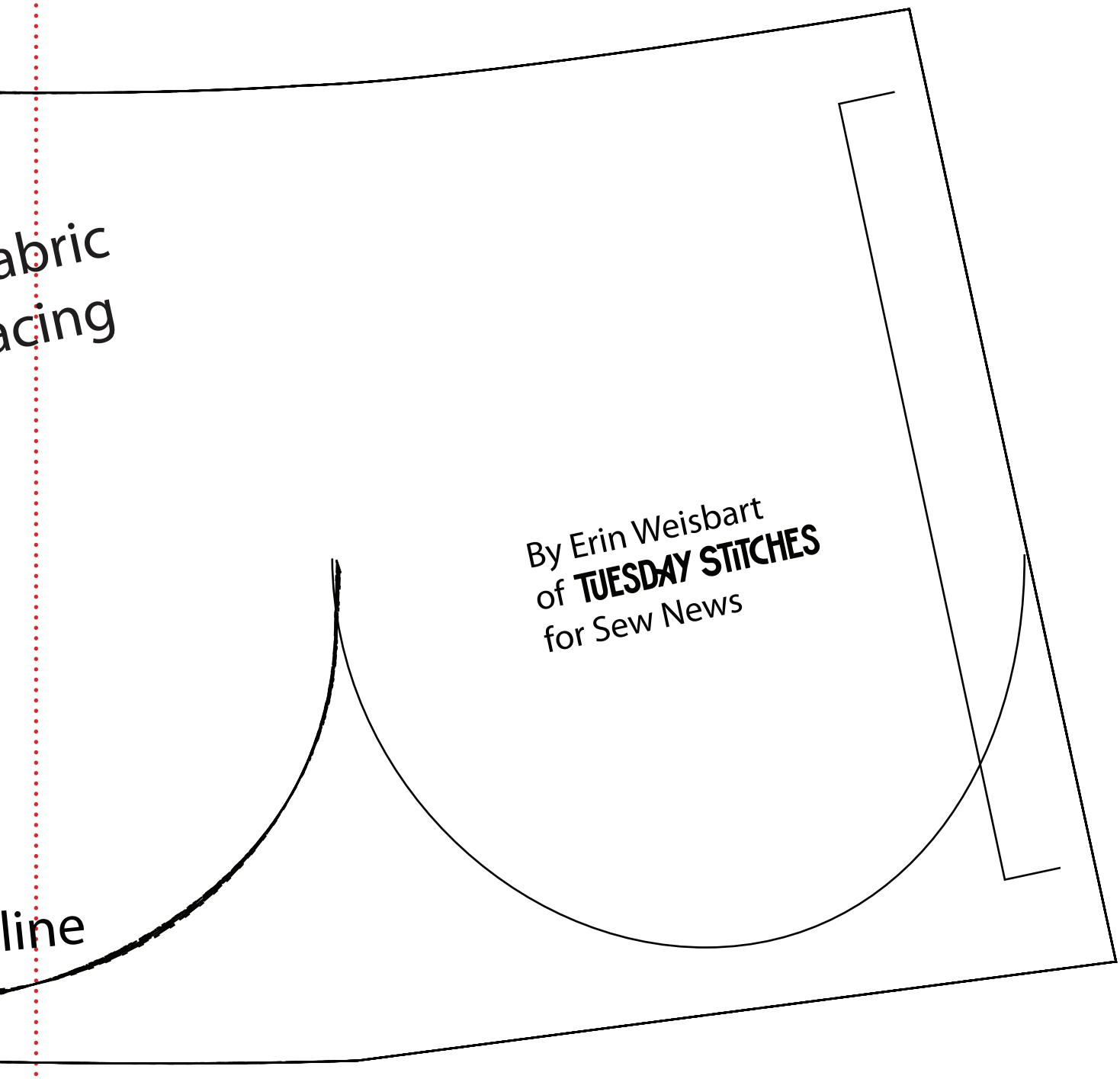

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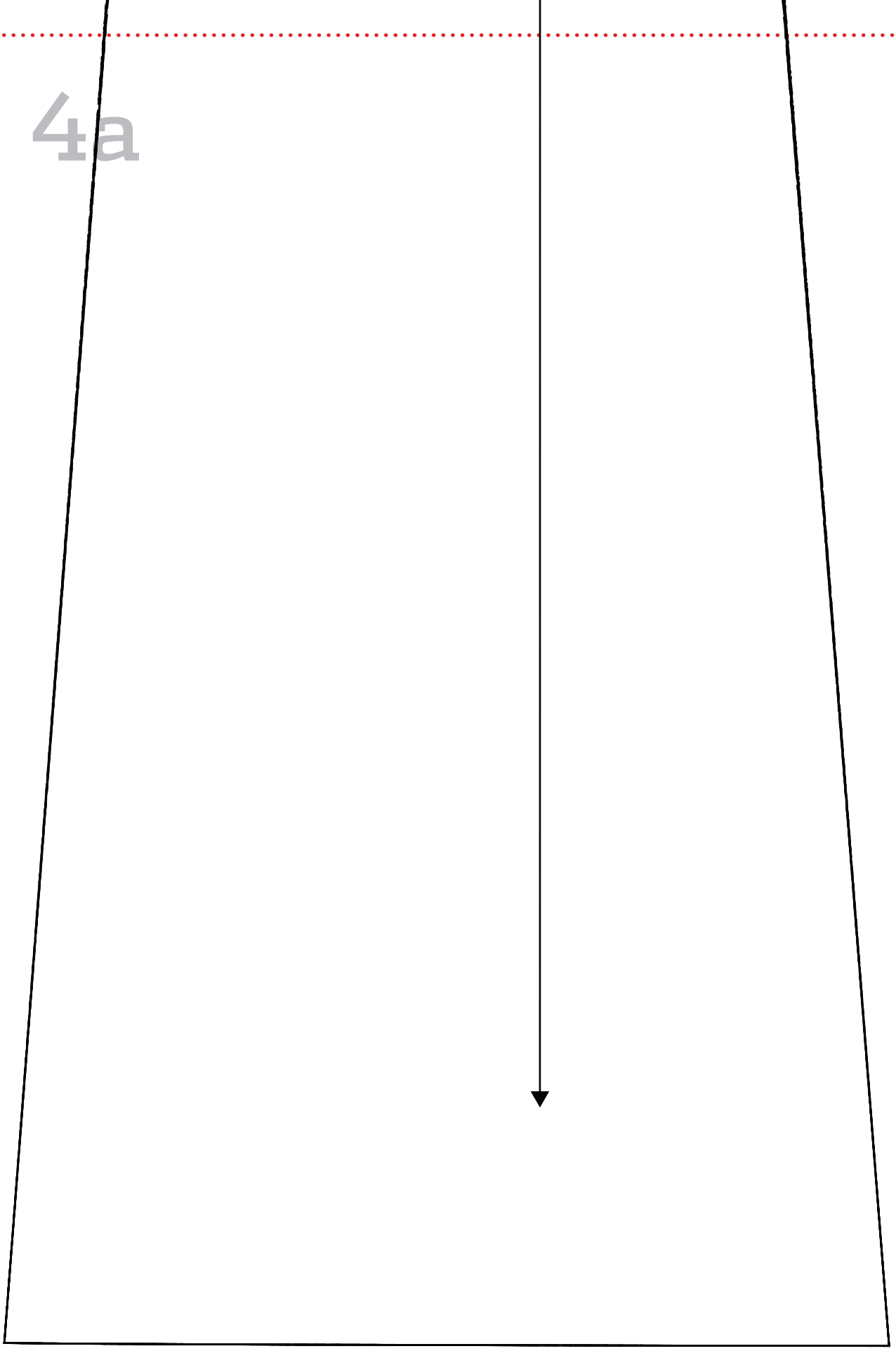
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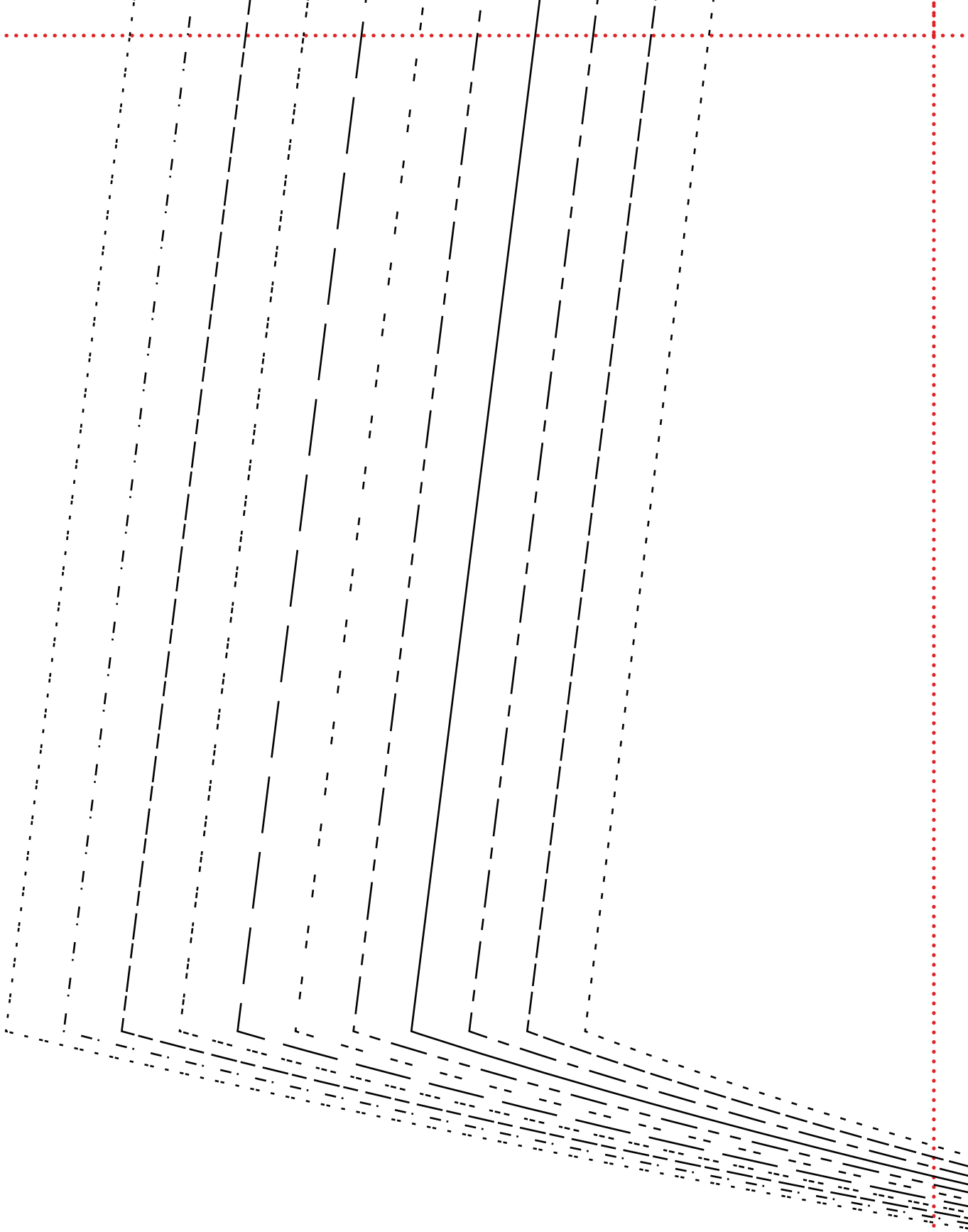

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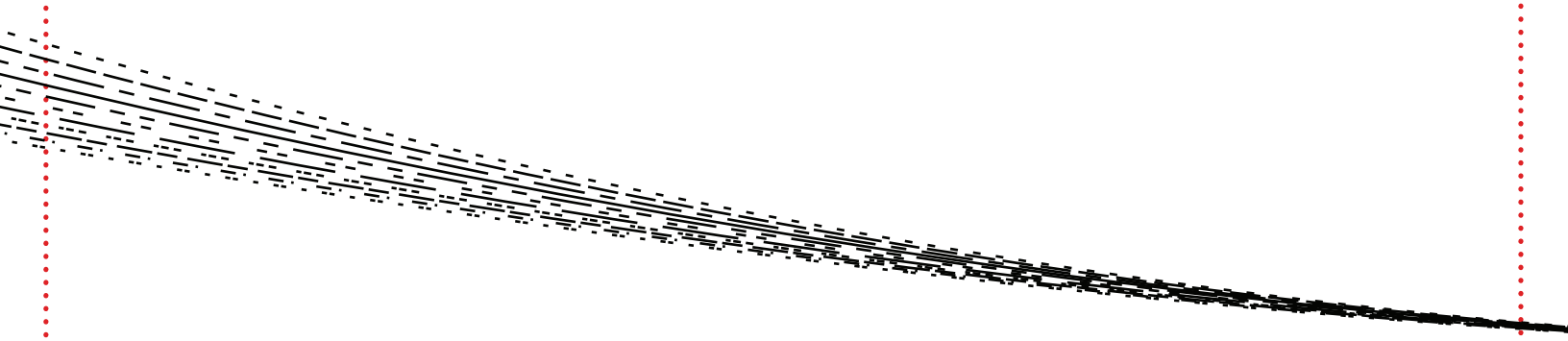

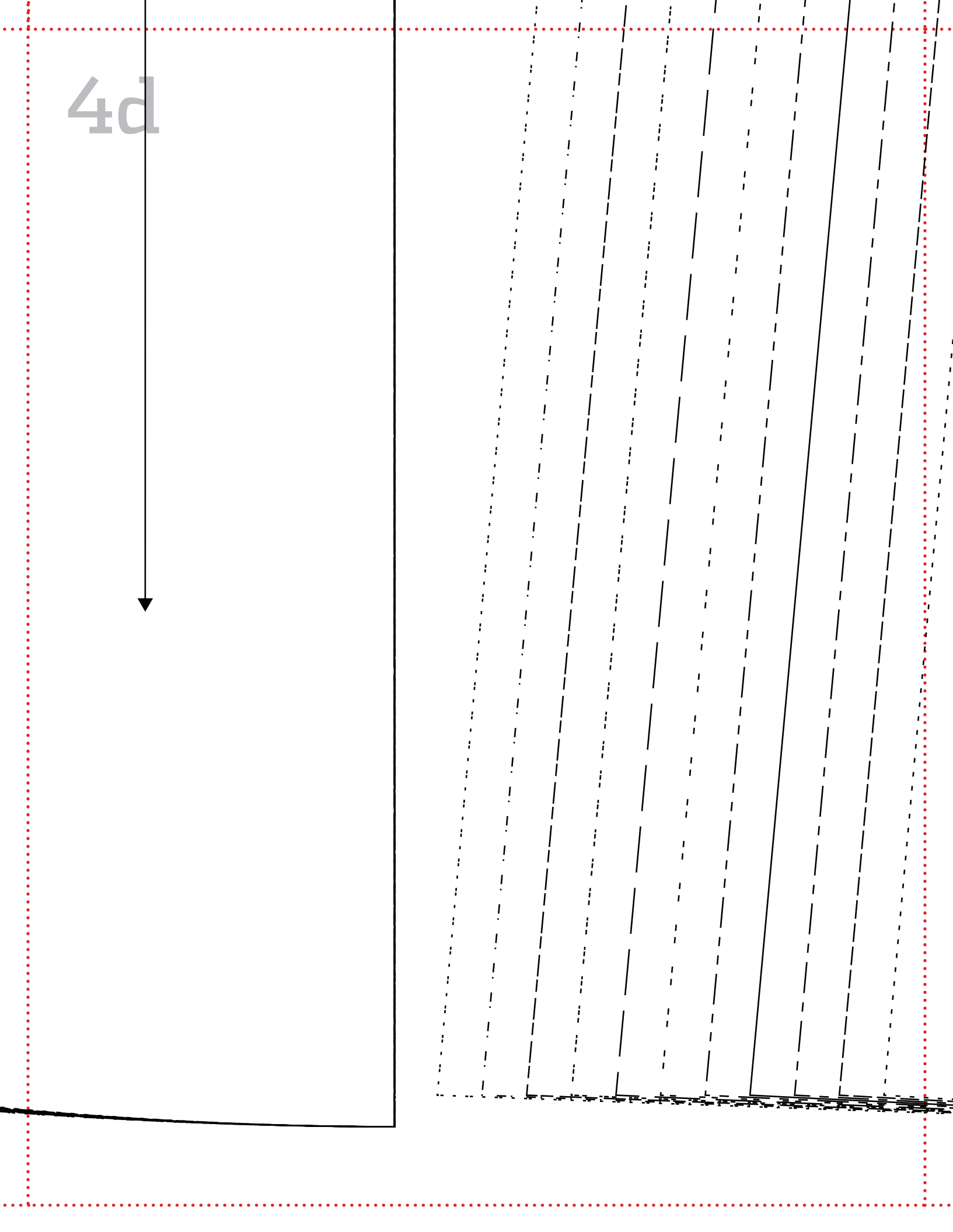
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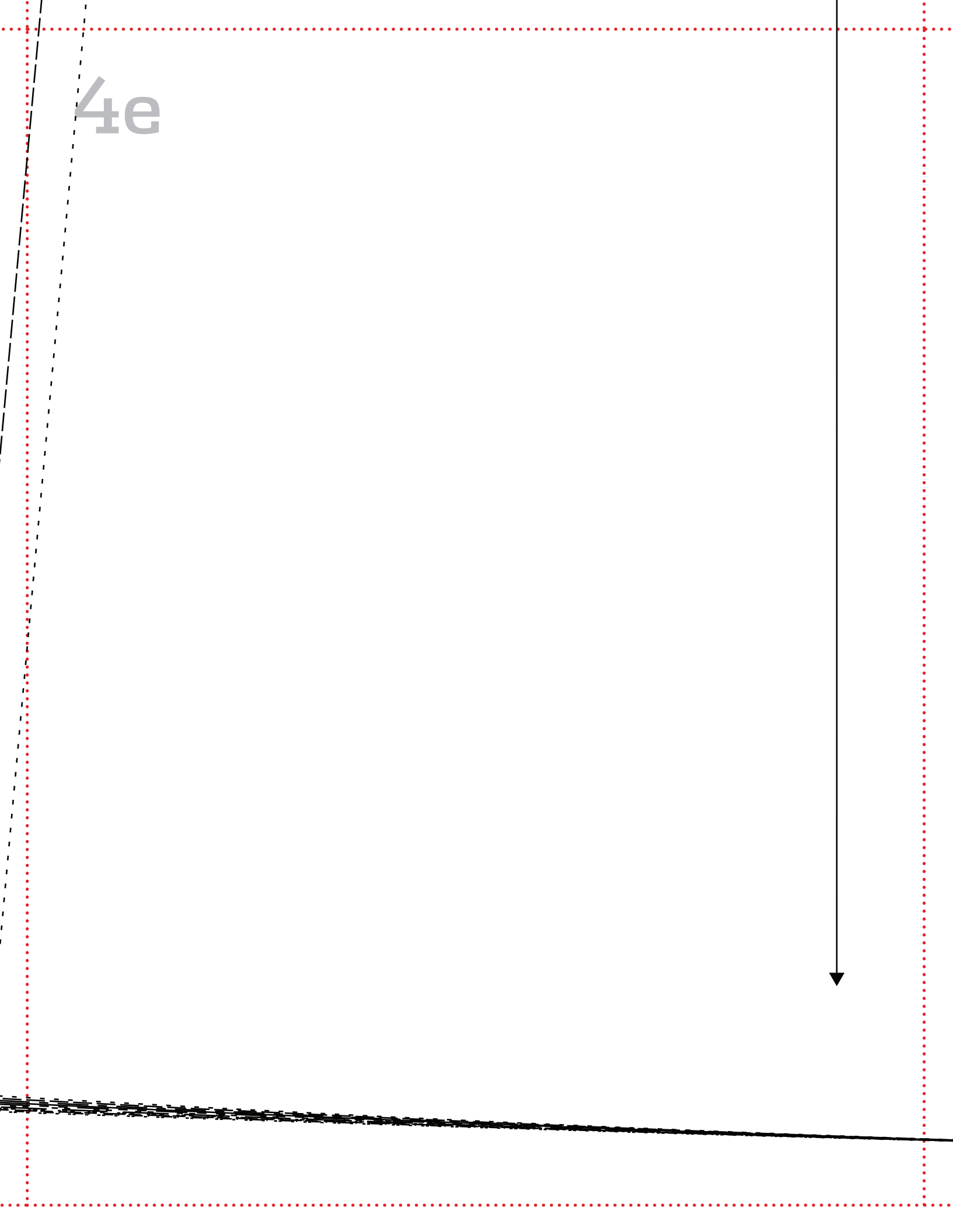
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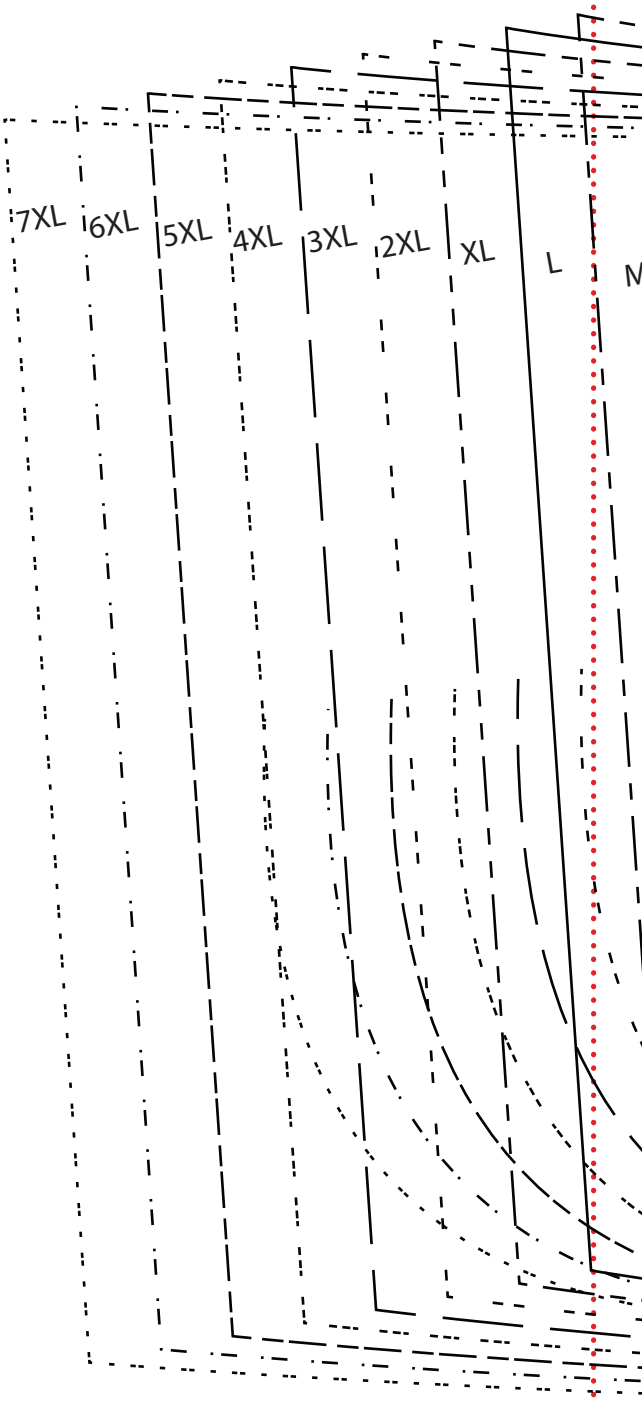

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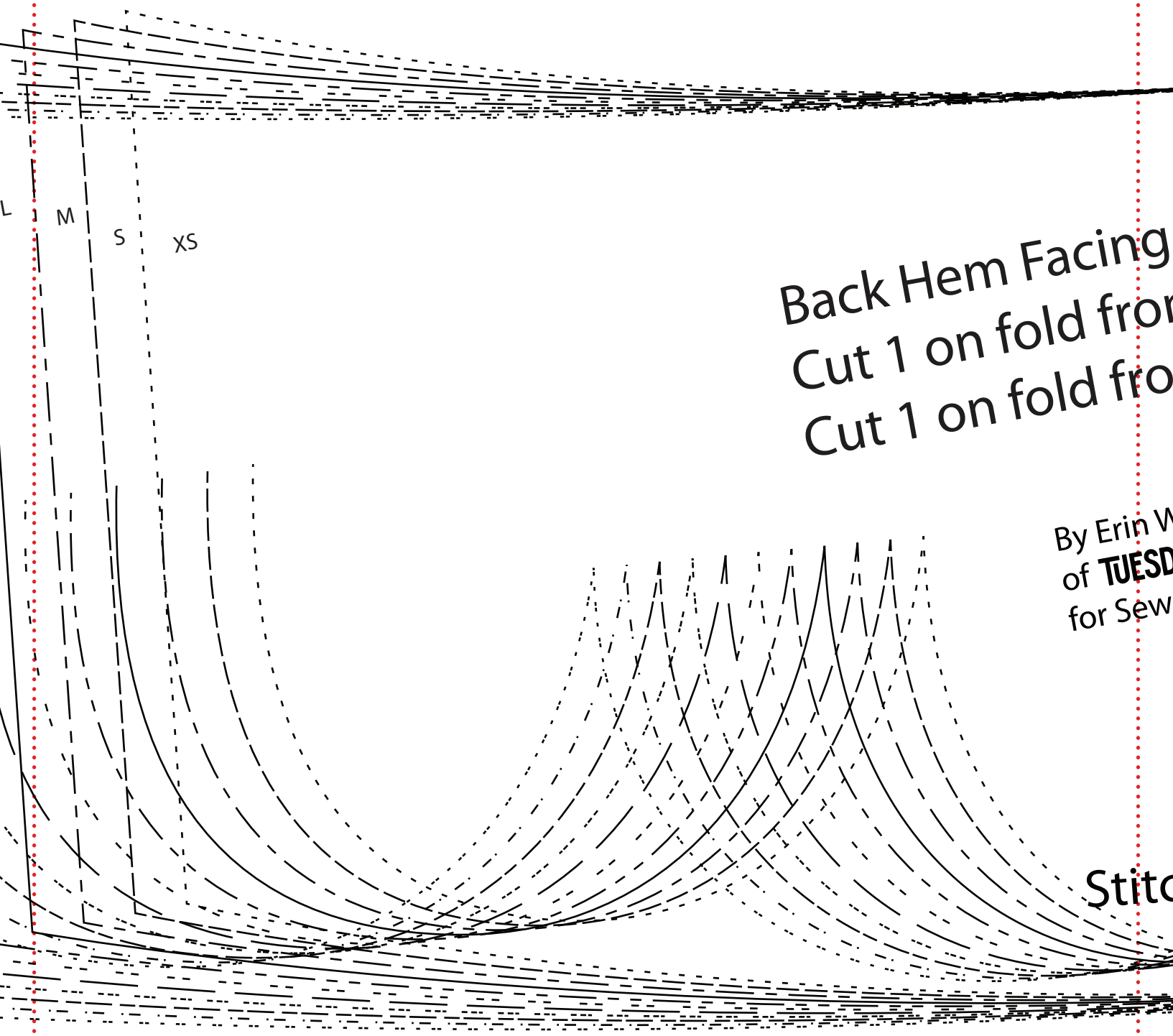
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XS
Back Hem Facing
Cut 1 on fold fro
Cut 1 on fold fro
By Erin W
of TUESD
for Sew
Stitc

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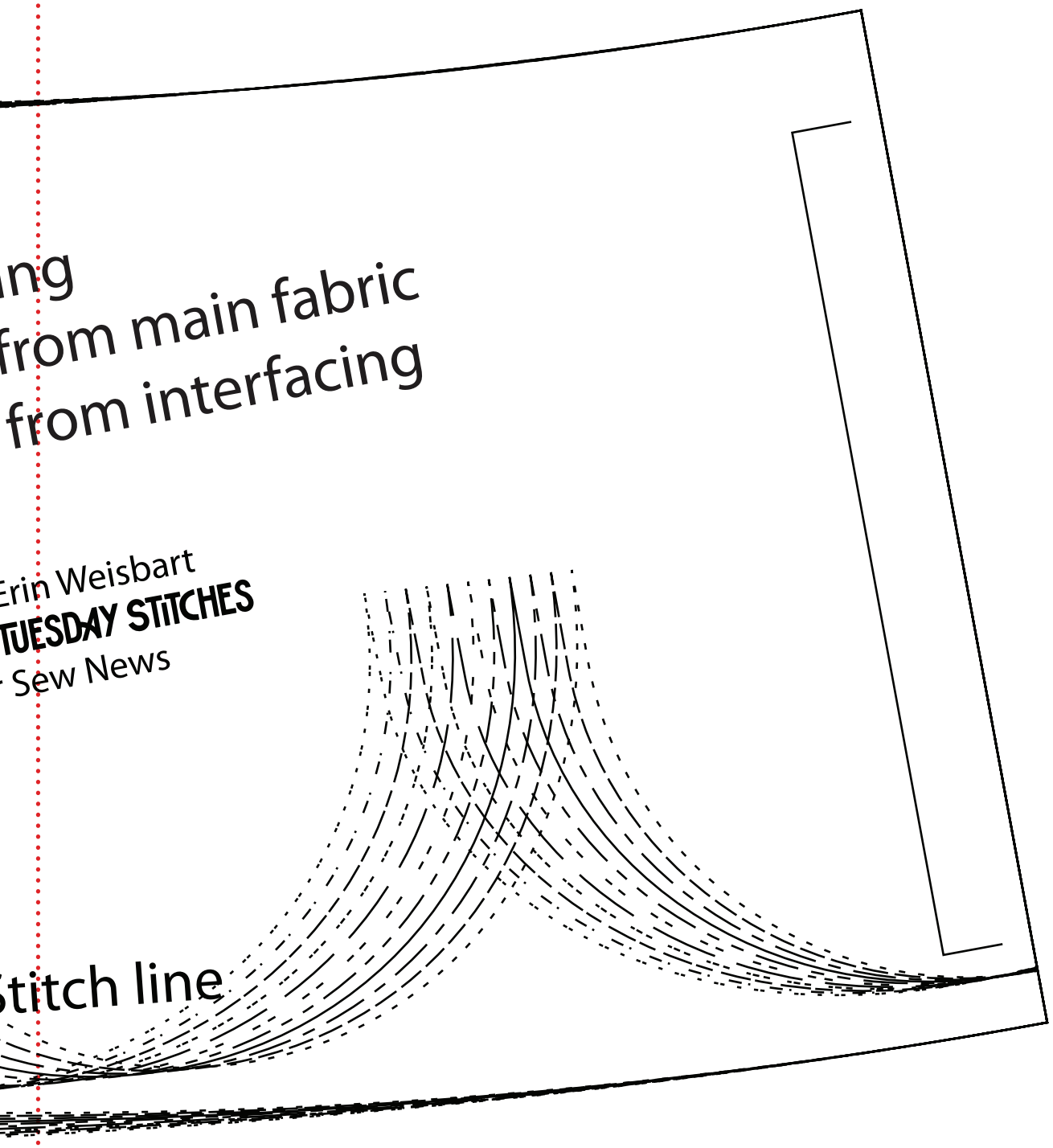
ng
from main fabric
from interfacing
Erin Weisbart
TUESDAY STITCHES
Sew News
titch line